

Community Events

Aviation Day at the Inyokern Airport tomorrow (Saturday) will be highlighted by an aerobatic exhibition from Inyokern-based Bill Hickle and his Pitts Special. Also planned are contests such as flour bag bombings and spot landings with visiting pilots competing for prizes. There will be sailplane rides, flights in a biplane and helicopter rides available for visitors as well. Food and drink will be sold by the Inyokern Chamber of Commerce. The action starts at 10 a.m. and lasts until 4 p.m. Admission is free.

Tomorrow from 3 to 4 p.m. at the Maturango Museum Don Moore will talk about "Honey is Their Bees-Ness" as part of the Saturday adventure series. Valley residents of all ages are invited to attend.

He will demonstrate how to use beekeeping equipment and techniques for extracting honey.

Saturday adventures are free with admission to the museum. Members are admitted free; others will be charged \$1 for adults and 50 cents for children aged 6 through 17.

Give a gift of life — visit the Hochin Blood Bank at the Elks Lodge, 201 E. Church Street in Ridgecrest, between 1 and 6 p.m. on Tuesday. Donors should be between 17 and 66 years of age and in good health.

WACOM meets Tues.

Winifred Morice, home economist, nutritionist, media spokesperson and personal color consultant will enlighten the Women's Auxiliary of the Commissioned Officers' Mess (WACOM) at their meeting on Oct.

13. A social hour will be held at 11, followed by lunch at 11:30 a.m.

Ms. Morice has developed recipes and cookbooks for many large food companies, taught the New York Heart Association's Culinary Heart's Kitchen course and the Richard Simmons' "Food 4 Life" program. She has also addressed audiences in both the United States and New Zealand.

WACOM is open to all wives of members of the Commissioned Officers' Mess and to women who are members. Anyone wishing to join the group should attend the luncheon meeting.

WACOM members and their guests, and potential new members, are asked to place their reservations by calling Elaine Jenne at 377-5229, or Pat Hazen at 375-9376.

Weather Report

	Max	Min	Peak Gusts
Thurs.	92	52	13 knots
Fri.	99	53	13 knots
Sat.	99	53	16 knots
Sun.	101	54	13 knots
Mon.	100	52	9 knots
Tues.	100	53	15 knots
Wed.	95	53	16 knots

All measurements are made at Armitage Airfield.

Movies

FRI-SAT. OCT. 9-10

"PREDATOR"
Starring
Arnold Schwarzenegger and Carl Weathers
(Science Fiction, rated R, 107 min.)

SUNDAY OCT. 11

"ANGEL HEART"
Starring
Robert DeNiro and Mickey Rourke
(Drama, rated R, 113 min.)

WED. OCT. 14

"CODENAME: WILD GEESE"
Starring
Lee Van Cleef and Ernest Borgnine
(Action, rated R, 102 min.)

FRI. OCT. 16

"SOME KIND OF WONDERFUL"
Starring
Eric Stoltz and Lea Thompson
(Romantic Drama, rated PG-13, 95 min.)

Starting Times: Matinee / 2 pm Evening / 7 pm

GI ALL AGES ADMITTED
General Audiences
PGI ALL AGES ADMITTED
Parental Guidance Suggested
RI RESTRICTED
Under 17 Requires Accompanying Parent or Adult Guardian

New chaplain reports
for airfield slot—P-7

Basketball team ready
for tourney play—P-10

NWC Rocketeer

Naval Weapons Center, China Lake, California 93555-6001

Vol. XLII, No. 40/October 9, 1987

New technology needs new communications

With the explosion of new communication technologies and the change in computing from batch to interactive processing, the demands for communications capabilities at the Naval Weapons Center have grown dramatically. The need for extended capabilities to meet NWC's vital mission is expected to continue well into the future.

To meet this need, Code 14 is developing an Integrated Communications System (ICS) with a Fiber Optics Trunk System (FOTS) backbone for transmission of data, voice and video.

Why fiber optics? Fiber optic cable permits broader bandwidth than either twisted-pair or coaxial cable. The single-mode fiber used in the FOTS permits a transmission bandwidth in the gigahertz range. For NWC user applications, this enormous bandwidth not only allows a single backbone to act as the medium for all current data, voice and video needs, but provides for expansion of those needs without laying additional cable to the major computing areas. Additionally, fiber optics is immune to electromagnetic interference. Equally, fiber optics are immune from radio frequency interference — which is vital to NWC's range operations — and fiber optic cable does not emit radiation, so communications security can be significantly enhanced.

Single mode fiber allows data to travel longer distances without repeaters and line drivers. For example, the fiber optic cable connecting to the Range Control Center and EWTES does not need any repeaters, although the distance is more than 26 miles. This would not be possible using cop-

per wire or coaxial cable.

Fiber optic cable is also considerably lighter in weight, which means that it can be strung aerially with greater ease than copper cable. It is as durable as metal and is extremely strong.

The FOTS terminates in 15 nodes throughout the Center. The FOTS Hub, located in Michelson Laboratory, Room 1000-I, is the control center for FOTS operations and maintenance.

All transmission to and from the outlying nodes passes through the Hub. Along with the Hub, some of the other nodes are at the Range Control Center, EWTES, Anti-Radiation Laboratory, Airfield, Thompson Laboratory, IOB, Skytop, CLPL, Salt Wells, Earth and Planetary Sciences, Warhead Building, T Pad and SNORT.

The FOTS consists of 95Km of

cable installed by American Telephone and Telegraph Company (AT&T). The FOTS DC power system will provide a two-hour battery back-up for the nodes, and a one-hour back-up of the FOTS Hub in the event of a primary power loss. As equipment in each node (and its matching equipment in the Hub) is installed, it is subjected to rigorous acceptance testing to determine that all components

are functioning properly. Capabilities available to users include medium to high-speed data communication as well as analog video transmission.

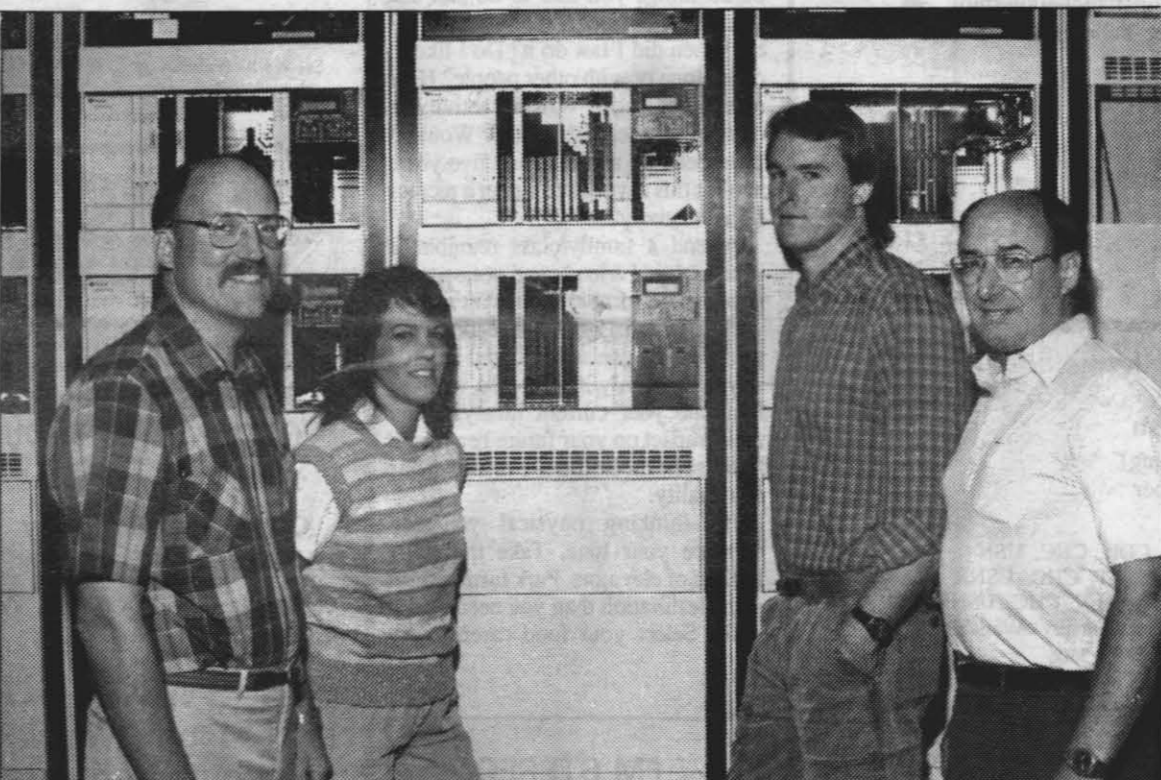
The FOTS is currently in the end equipment installation and testing phase and is expected to become totally operational by the end of March 1988. The node at CLPL is currently undergoing on-line testing. Users in that area are able to access the VAX network in Michelson Laboratory; and the Code 32 users in Trailer 1407 at Michelson Laboratory may access the new Code 32 VAX.

When the FOTS is totally operational and coupled with the Center Telecommunications System and the Video Teleconferencing System, the Center's more than 4,000 communications users will be served by a state-of-the-art system that will enable NWC to readily meet the demands of future mission requirements.

FOTS development is under the overall supervision of John LaMarr, Head of the ICS Projects Office (Code 145A). Heading the FOTS installation is John Mooney, assisted by Norm Carroll, Sonya Miller, Bob McGowan, Phil Bainbridge, Gordon Doyel and Roger Toennis.

When completely operational, the FOTS will be under the supervision of Nils Wagenhals, Head of the Computing and Communications Office (Code 141).

Interface guidelines for the FOTS are available from the ICS Projects Office (Code 145A). For additional information on connecting to the FOTS, contact Nancy Guglielmo, Head of Networking and Personal Computing Office (Code 141A).



FOTS WORK—When the Naval Weapons Center's Fiber Optics Trunk System (FOTS) goes on line it will be in large part through the efforts of this team (from left) Phil Bainbridge, Soyna Miller, John Mooney and Norm Carroll. Photo by PHAN Cary Brady

Lab tours, displays highlight birthday party

Self-guided tours of Michelson Laboratory and the new Engineering Lab will highlight the Naval Weapons Center's observance of the U.S. Navy's 212th birthday next Saturday. The day will also be a celebration of the Navy's 44 years at China Lake as the Naval Ordnance Test Station and Naval Weapons Center.

The labs will be open from 10 a.m. to 3 p.m. With visitors able to see displays from various technical departments, films about NWC and hear a management

overview presentation by Capt. John Burt, NWC Commander.

Expected to be included on the tour route in Michelson Lab are the machine shop, a Sidewinder missile tracking demonstration, an earthquake hazards display, microelectronics hardware display, a superconductivity demonstration, a Harpoon missile fuzing display and the Sim Lab. In the Engineering Lab, visitors will see interactive graphics and computer aided engineering work stations. There will also be a demon-

stration of the flat plotter that will produce plotted drawings as handouts to visitors.

The lobbies of Michelson Lab are expected to be full of static displays including mockups of various weapons developed at NWC, an ejection seat, with a dummy and a metric video demonstration.

In the parking lot, NWC's Aircraft Department will display many of the numerous types of aircraft operated at China Lake. This is expected to include the

A-7E Corsair II, A-6E Intruder, F-4 Phantom, QF-86 Sabrejet, A-4 Skyhawk, F/A-18 Hornet and the AV-8B Harrier.

Also in and around the parking lot will be booths set up by China Lake organizations which will be selling everything from soft drinks to hats. Groups taking part include the VX-5 Wives, Cub Scout Pack 35, Military Affairs Committee and the Sister City Association. Other booths will be set up to provide information for

various organizations and recruiters for the Navy and Marine Corps will be on hand to talk about military service with anyone interested. In addition, many defense contractors doing business with NWC will have displays set up for the day.

Next week's Rocketeer will include a special section with a schedule of events, photos of various equipment and articles relating to the theme of the 1987 birthday celebration, "Naval Ordnance Through Science."

Mr. P's Bar & Grill

\$6.95 Early Bird Special 4:30 pm - 7:00 pm

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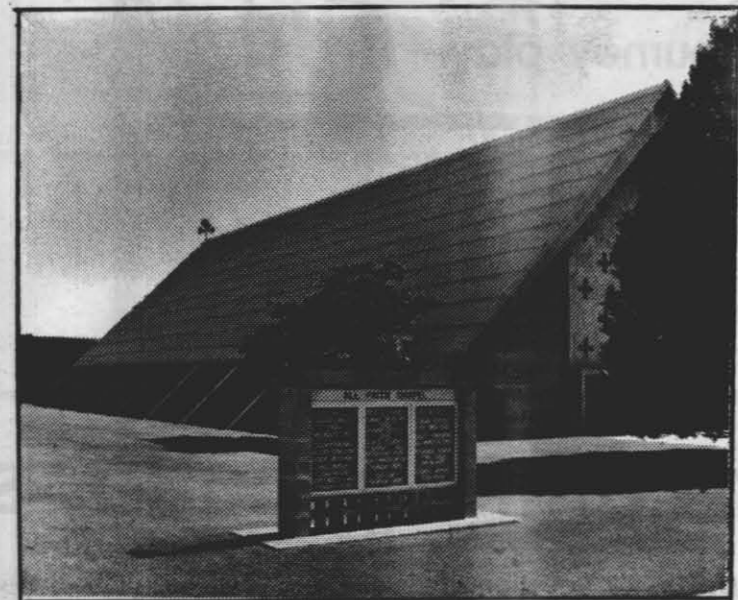
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2 LOCATIONS



Divine Services

Protestant

Sunday Worship Service 10:30 a.m.
 Sunday School (September thru June) 9:00 a.m.
 Bible Study (East Wing)
 Wednesday 11:30 a.m. (September thru June)
 Thursday 6:15 a.m. Men's Prayer Breakfast
 7:00 p.m. Officer's Christian Fellowship
 Christian Military Fellowship

Islamic

Jumaa Prayer (Friday in Annex 4) 1:00 p.m.

Roman Catholic

Sunday Mass 9:00 a.m.
 Communion Service (Monday) 11:35 a.m.
 Daily Mass (Tuesday thru Friday) 11:35 a.m.
 Confession (Friday) 4:30-5:00 p.m.
 Confession (Sunday) 8:15-8:45 a.m.
 Religious Education Classes (Sunday) 10:30 a.m. (September thru May)

Jewish

Weekly Services (Friday - East Wing) 7:30 p.m.
 New classes will begin in September

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 Chaplain Claude R. Beede, LT, CHC, USNR
 Chaplain Gregory E. Williams, LT, CHC, USNR
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NWC's Wellness Corner

(This is the second of a two-part series begun last week.)
 To enhance connectedness, identify and ask for what you want in relationships, i.e., more help with chores, more recreational activities, a goal-setting meeting. Catch people doing things right at least four times more often than you catch them doing things wrong. Get to know yourself better by asking for feedback and by paying attention to the impact you have on others. The first 4 minutes you spend with someone will set the tone for the rest of the interaction. Pay special attention to that time. By hanging photos, posters, and personalizing your space, you will feel in tune with your surroundings. Add music to your life, or a pet. Develop a support group or relationship with another person such as a walking partner, a fellow worker, to help you accomplish key goals or for companionship.

You can enhance perspective by taking a career, life or pre-retirement planning class. Visualize an "ideal day" 10 years from now. By seeing the end, the means are easier. Put your financial affairs in order. Make a list of 20 things you like to do and ask yourself questions about each activity: When did I last do it? Do I like to do it alone or with other people? How much does it cost? Will this activity be on my list when I'm retired? Would it have been on a similar list five years ago? Is this a work activity or a recreational activity?

Attend a family/class reunion or visit with old friends and notice what you choose to talk about. Set a five-year long-term goal and a one-year goal. Which goals would you include if you had only six months to live? Evaluate your current lifestyles and their impact on your future health and life satisfaction. Develop your spirituality.

By thinking physical you can enhance your tone. Take the stairs instead of elevators. Park further from your destination than you need to and walk. Select your food carefully by reading labels, buying the freshest food available and avoiding animal fat, refined sugar and salt.

Pay attention to your body's signals: stop eating when you are no longer hungry, stop exercising if you feel pain, enjoy the feelings of increased stamina that exercise brings.

(Continued on Page 14)

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SKI SWAP SUNDAY - Hours • 10 am - 4 pm. We will be trying to sell all the equipment present, OR, you can try to help sell your skis. If they sell - we keep 10% - you get 90%. If they don't sell, we will give them back to you.

Check-out begins at 5:00 pm Sunday.

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NWC Rocketeer

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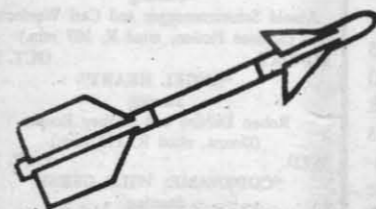
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485 Autos for Sale

1974 OLDSMOBILE, 98 Regency, 91,000 miles (all highway); outside, inside & engine in great shape asking \$600 or best offer. Needs bearings, will work with you. \$200 down, \$100 a month. Days 446-3456.

1976 OLDSMOBILE REGENCY, 79,900 miles. Must see to believe it. \$2,350. Phone 375-3427.

1979 MGB Convertible. Excellent condition. Entire new brake system. Shown at NWC Lemon Lot. \$2850. 446-4997.

1979 VOLVO 242 GT, excellent condition, silver, \$4,500 or best offer. 446-6966 after 6 p.m.

1982 RENAULT FUEGO, like brand new, 30,000 miles, new tires, \$3,900 or call J. Newman, 446-4314 or 446-7777

1984 HONDA PRELUDE, red, all options, excellent condition, \$8,600. 375-3853.

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1986 IROC CAMARO, fire red, 7,800 miles (mint). For details on car call after 5 p.m. weekdays at 446-2845. \$13,500 or best offer.

489 Trucks and Vans

1949 Chevy 1/2 ton 1st series. Rebuilt '235', new battery, 12 volt system, excellent buy at \$1,800. Contact Wally 446-7040 days.

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489 Trucks and Vans

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493 Four Wheel Drive

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China Lake Police Reports

Two active duty sailors followed someone home because they were angry with him. The individual got a gun and shot one of the two sailors. Result: the sailor went to the Branch Medical Clinic for treatment of a minor gunshot wound, and Ridgecrest police arrested the man who did the shooting.

When a government employee was overdue in returning from Little Petroglyph Canyon, the range patrol went in search. They discovered that the government vehicle was stuck in the sand. Range patrol members helped free the vehicle so it (and the government personnel) could return to the main site.

A rear-ender occurring just north of Switzer Circle sent the second motorist to the hospital for treatment one morning. A car had broken down; the driver of that vehicle left the vehicle to go for help when the second vehicle struck it.

At 12:25 a.m. Sunday a man was stopped for driving while under the influence at the main gate. He was arrested, and held for 5 hours before being cited and released.

About \$500 worth of electronic material was stolen in a burglary at Lane Haven trailer park.

A military dependent was found in a government vehicle in a restricted area at the flight line. She was arrested because she was not authorized to be at that location.

A person reported to the police that he was attacked by two dogs who were loose in the area of Lauritsen Road and King Avenue. The owner of the dogs, who lives on Richmond Road, was cited by police for being in violation of the leash law.

Four tires and rims were stolen from a vehicle parked at the Auto Hobby Shop.

While backing up in a government pickup truck, an active duty military member backed into a parked car.

An individual on whom a barring letter had been served was seen on board the Naval Weapons Center. He was escorted off Navy lands by the police.

Hayward to speak

VAdm. John T. "Chick" Hayward, USN (Ret.), will be the guest speaker at the regular October dinner meeting of the Indian Wells Valley Council of the Navy League on Thursday, Oct. 15, at the Commissioned Officers' Mess. A social hour at 6 p.m. will be followed by dinner at 7 p.m.

As a commander, Hayward was the first Experimental Officer at what was then the Naval Ordnance Test Station from 1944 to 1947. His leadership in shaping the principles of operations and the future course of the creative and productive force that is NWC today was outstanding.

The public is invited to attend and hear VAdm. Hayward as well as meet him. Reservations are required and can be made by telephoning 446-2538 or 446-5817.

personnel development opportunity

TROUBLESHOOTING OF DISCRETE ELECTRONIC CIRCUITS (2 classes) (formerly titled "FUNDAMENTALS OF ELECTRONICS")

October 19-23 and October 26-30; 0800-1600; Training Center. By Hane Industrial Training Inc.

Intended Audience: Experienced troubleshooters and technical managers who would benefit from a thorough understanding of the concepts and fundamentals underlying electronic troubleshooting. Other participants should include electricians or any individual needing cross training from other disciplines, such as pneumatics, hydraulics and refrigeration and heating.

Course Objectives: In this course you should learn to do arithmetic in your head for troubleshooting purposes; troubleshoot basic components including resistors, SCRs and TRIACs, capacitors, diodes, inductors and transistors; troubleshoot solid-state circuits including power supplies, amplifiers and switching circuits; operate test equipment including oscilloscopes and multimeters; and understand the practical aspects of electronic fundamentals so you can pursue additional training as your duties require.

Deadline: October 19.

INTRO TO IBM PERSONAL COMPUTING (20 hours)

November 30-December 4; 1230-1600; Training Center. By D. Vaughn, Code 094.

Intended Audience: Beginning users of IBM-PC compatible computers.

Course Objectives: In this course a survey introduction to the use and operation of an IBM personal computer will be covered, including: using the MS-DOS operating system to format disks, copy files, maintain and install software and data files; and using the IBM-PC to operate a word-processing program, a data base program and a spread sheet program.

Deadline: November 13.

PROGRAMMING IN BASIC (40 hours)

November 3-December 3; Tuesdays and Thursdays; 0800-1130; Training Center. By D. Vaughn, Code 094.

Prerequisite: Completion of a course in computer fundamentals or equivalent computer experience.

Intended Audience: Beginning programmers learning BASIC.

Scope: This course in BASIC programming covers program analysis and design, flow charts, program style and standards, and structured programming. Lectures and workshop exercises on a computer bring students to a competent use of the general purpose instructions (about 25) of the BASIC computer language.

Deadline: October 19.

PROFESSIONAL DEVELOPMENT FOR SENIOR LEVEL SECRETARIES (7 hours)

December 11; 0800-1500; Training Center. By Vanna Novak, Pryor Resources.

Intended Audience: Senior level secretaries.

Objectives: In this course you should learn to make sure the boss uses his/her strengths, make sure your job contributes to the boss' goals, assume more responsibility by taking over important management tasks, and take

Open season at half-way point

Open season for making a decision on whether to stay with Civil Service Retirement System (CSRS) or transfer to Federal Employees Retirement System (FERS) is at the half-way point, with the open season closing December 31. The Naval Weapons Center has had 62 employees transfer to FERS so far. This is approximately 1 1/2 percent of the number of employees eligible to transfer.

There are three legislative proposals before Congress that could, in some cases, significantly affect an employee's decision to stay with CSRS or transfer to FERS. Two of the proposals have to do with Social Security.

One of these proposals would close the loophole in the Government Pension Offset provision, a provision which usually wipes out Social Security payments to people who also receive CSRS annuities. The original FERS law contained a provision exempting its enrollees from the offset. The proposed revision would require five years of coverage under FERS to avoid the offset, except for people over age 60, and would be retroactive to July 1, 1987.

The other proposal would change a rule known as the Windfall Elimination Provision, which currently reduces personal benefits for federal employees with fewer than 30 substantial years of Social Security coverage. The proposed legislation would lower the number to 25 years, and would lower from 25 to 20 the number of years of substantial coverage needed to avoid the penalty's worst reduction.

The third proposal has to do with the IRS non-discrimination rules for the Thrift Savings Plan. In general, these rules limit what percentage of pay a HIGHER salaried employee may contribute to the Thrift Plan based on what LOWER salaried employees contribute. HIGHER salaried employees (more than \$50,000 a year) can contribute only 2% more than LOWER salaried employees. The proposed legislation would overturn these rules.

All three proposals are causing confusion among employees trying to compare future income retirement benefits under CSRS vs FERS. There are three types of employees who may want to hold off on making a decision until it is more evident what Congress is going to do:

- Upper income employees who think they would be better off under FERS should wait for the thrift rule to be decided;
- Employees who have between 20 and 30 years of substantial Social Security coverage should watch the windfall elimination change;
- Individuals with spousal Social Security eligibility who are close to retirement, and don't want to work many more years, should wait for the Government Pension Offset issue to be resolved.

Since the decision to transfer to FERS is irrevocable, it may be better for some employees to wait until they know the outcome of the legislative proposal rather than trying to make a decision under uncertainty.

If you have any questions call your PMA or Virginia Spille, NWC ext. 2592.

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Weather for Sept. 24-30

If last week's weather report in the paper looked very familiar, that's because it belonged to the prior week. For the sake of weather buffs, here's the weather for Sept. 24 through 30. The first figure is the maximum, next is the minimum, and the third is the maximum wind gust velocity in knots per hour: Sept. 24—91, 62, 13 kph; Sept. 25—95, 56, 15 kph; Sept. 26—95, 54, 21 kph; Sept. 27—98, 53, 11 kph; Sept. 28—98, 56, 11 kph; Sept. 29—99, 56, 14 kph; Sept. 30—97, 53, 12 kph.

NOTES Pages from the Past

Old timers at China Lake will be saddened to hear of the death of Emily Richmond, wife of Cdr. John Richmond, who served as the first Community Manager of China Lake when he became a civilian. He served as Executive Officer at what was then the Naval Ordnance Test Station beginning in the spring of 1944. Mrs. Richmond died early this summer in Arizona.

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MIPI: Initiatives bring more authority

(This is part of a series of articles on Model Installation Program Initiatives which have been approved for implementation at the Naval Weapons Center.)

Through the Model Installation Program (MIP), NWC's commander now has vastly increased special project approval authority for Navy Industrial Fund (NIF) and Major Range Test Facility Base (MRTFB) activities.

MIPI 012-86 sought special project approval authority for MRTFB activities. Funding thresholds prior to the MIPI were \$25,000 for minor construction projects, \$75,000 for major repairs and \$15,000 for equipment installation. Anything

exceeding these figures required special project documentation to the Naval Air Systems Command, a process that normally took five to eight weeks before authorization was received.

With the MIPI, the Center commander now has personal approval authority of \$150,000 for minor construction and equipment installation. Major repair authority was increased to \$3 million by the Chief of Naval Operations, with the provision that the technical review mandated by the old policy be retained. Also, a copy of special projects covered by this increased authority must be forwarded to Space and Naval Warfare Systems Command (SPAWAR) prior to obligation of funds.

MIPI 013-86 was a companion initiative. It sought the increase of local approval thresholds for special projects of Navy Industrial Funds (NIF) activities. The old policy required SPAWAR approval of improvement, modernization or repair projects designated for research and development and support functions at China Lake. The previous limits were \$75,000 for minor construction or major repair projects and \$15,000 for equipment installation. When it was necessary to seek SPAWAR approval for these special projects delays ranged from five to eight weeks, which delayed contract awards, slowed construction work and, on occasion, resulted in the loss of a

project because of expiring funds.

CNO approval doubled the NWC commander's approval authority for minor construction to \$150,000. The same \$150,000 limit now applies to equipment installation. Repair project approval authority of under \$3

million has also been granted to China Lake, but technical reviews required under the previous system must be adhered to.

These two MIPIs represent a major step forward in acquiring authority commensurate with NWC's mission responsibilities according to D.R. Hamilton, NWC MIP Manager.



Holiday basket idea stresses involvement

Because of efforts made by concerned local people and organizations, over 700 fixed or low income residents of the Indian Wells Valley had a happier Thanksgiving and Christmas last year. Nine NWC codes participated as well as all three congregations of the All Faith Chapel; these were among the 75 churches, organizations and individuals who participated in the Salvation Army Holiday Basket Program.

The 1987 Holiday Basket Program will again emphasize community involvement. Brenda Blowers, who will coordinate the program, asks that churches, organizations and individual members of the community "adopt" families for the holidays —

collecting, financing, preparing and delivering the baskets. Salvation Army will concentrate its talents on the name coordination of donors and recipients.

Letters have been sent to IWV churches, organizations and individuals asking for assistance on the 1987 Holiday Basket Program.

If any church, organization or individual wishing to participate as a donor in this year's program has been overlooked, they are asked to contact the Holiday Basket Program Office (375-4296, and leave name and phone number on the recorder). The Salvation Army coordinator will be happy to send information about how to participate.

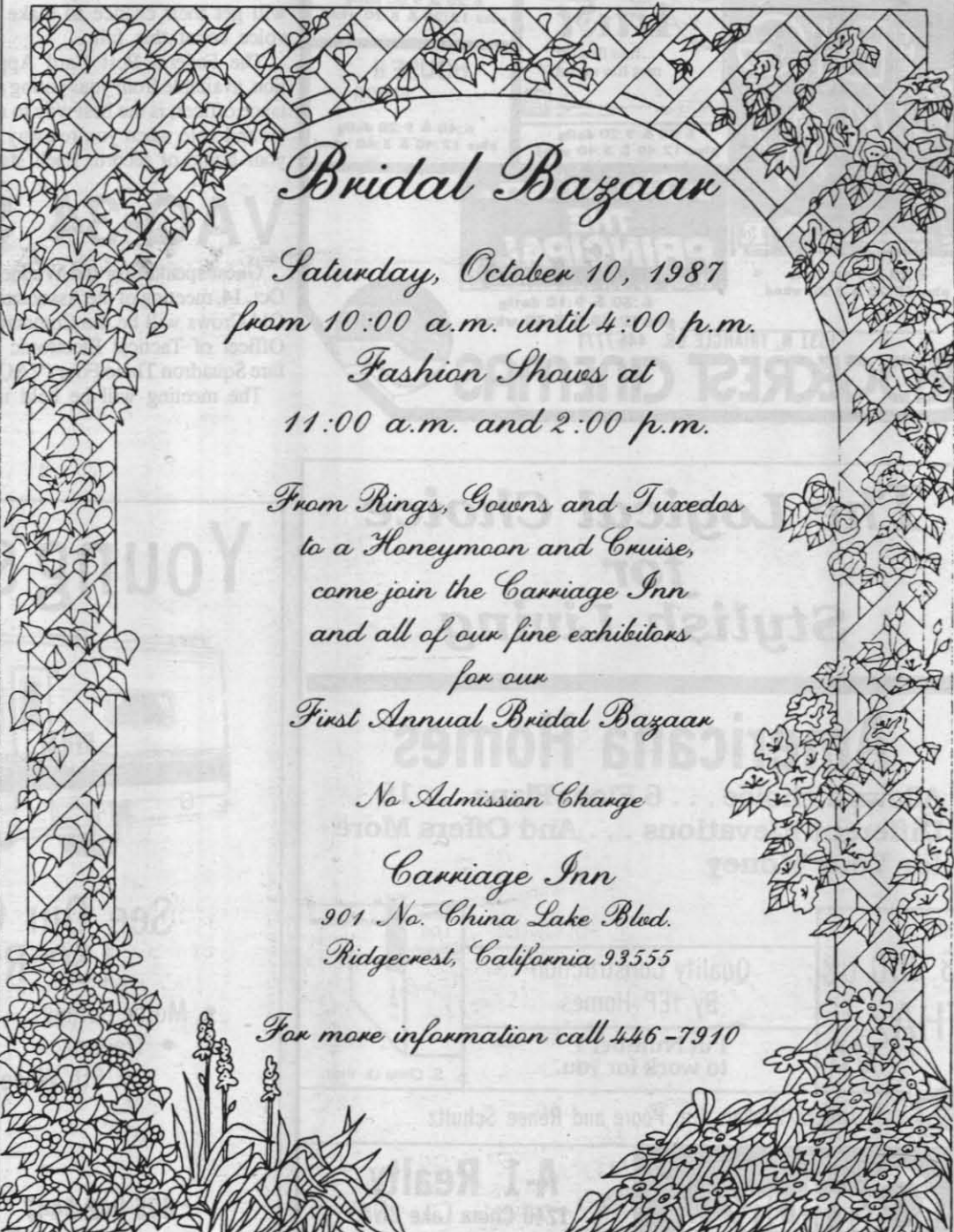


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CNO talks about D.C.'s newest monument

(The following is the text of a Navy message sent by Admiral C.A. H. Trost, Chief of Naval Operations.)

In Washington, D.C., on Pennsylvania Avenue, a statue has been erected in the open air. It is the figure of a man, seven feet high and made of bronze. The man is wearing a white hat, a peacoat and bell-bottoms. The collar of his peacoat is turned up against the weather. He stands in an amphitheater whose granite deck contains a polar projection of the world. The granite is of two colors, blue and gray; most of the projection is in blue, representing water. At one hundred feet in diameter by two inches thick, it is the largest and also the heaviest

chart of the world in existence. On the chart, the statue has been placed across the Pacific Ocean, looking over the horizon toward the United States. The statue is called, "The Lone Sailor."

Although the Lone Sailor is someone we might recognize, he is not a single person. His race, religion and ethnic origin are whatever we want them to be. He could be officer or enlisted, male or female. He could be active duty, a reservist, a civilian. The ocean could be any ocean and the sailor could be standing on the fantail of a destroyer, in the engine room of a submarine, on the hanger deck of an aircraft carrier, or in any other special place

where Navy people live and work.

He is surrounded by loyal,

generous shipmates, but we don't see them just now. For this moment he is alone. He represents all who have served their country far from home, in hardship or hazard.

In his expression there is a thoughtful look — of loneliness and yet something more. He is thinking of home and of the pain of separation. The challenges that his family faces in making a life without him. But he is also thinking of the task at hand, the mission of his ship or squadron; the ideals of the great nation which he defends. He knows that each hour of his deployment across the ocean is an investment in that defense. And so his look is also one of purpose: excellent in his

work, sure of himself and leaders; a man people count on. He radiates confidence and strength.

The Navy Memorial in Washington, with its Lone Sailor, will be dedicated on Tuesday, Oct. 13, the 212th anniversary of the founding of our service. In one sense the sailor is new, but the qualities he represents, the values he defends, the sacrifices he makes, his communion with the sea — these are timeless, and all of you share in them today, just as the millions share in them who have sailed and fought and died for them since 1775.

Happy Birthday, Navy, and God bless you all!

C.A.H. Trost, Admiral.



Votes by DOD personnel count

Those stationed away from home will get their chance to make their voice count this fall.

The Federal Post Card Application, available from your voting assistance officer, is the best way to register and vote when you're away from your home of record. Each state or

territory has different requirements about when ballots are to be returned.

If used as both a request for registration and an absentee ballot, Federal Post Card Applications generally must be received by local election officials 30 days before an election.

Department of Defense voting assistance officials recommend that you mail your request for an absentee ballot early. When you receive your ballot, vote and return it quickly.

Your vote counts and can make a difference.

VAQ-34 Skipper talks to AOC

Guest speaker for the Wednesday, Oct. 14, meeting of the Association of Old Crows will be the Commanding Officer of Tactical Electronic Warfare Squadron Three Four (VAQ-34).

The meeting will be held in the

Michelson Laboratory Management Center at 4 p.m., and it is open to all interested personnel with a SECRET clearance.

A short meeting will be held after the briefing for AOC members.

Further information about the briefing or the AOC meeting can be obtained by telephoning LCdr. Dan Frame at NWC ext. 2951/232.

Wrong dates for pharmacy

Oops! We goofed! Instead of November 7 until December 4, the pharmacist at NWC's Medical Clinic will be on leave from November 27 until December 4.

During that time, only prescriptions issued by a military doctor will be filled at the Clinic.

Normal pharmaceutical operations will resume on December 7.

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Wellness.

(Continued from Page 2)

Find a sport or recreational activity you enjoy and take lessons or learn with a friend or family member. Realize that most activities become more fun as your skill and confidence increase, so give it a fair chance.

Be aware of the stressors in your life. Notice which situations or activities result in anxious feelings. Practice stress management techniques. Select your best clothes by choosing those which enhance your appearance and feelings. Eliminate health-robbing behaviors: stop smoking, overuse of alcohol or drugs, use seat belts, and eat in moderation.

To get your life back into sync, begin an action plan for balance. Autonomy, connectedness and perspective have both professional and personal focus. If you rate yourself low in any of the stress moderators, formulate a goal for each area. Write it down and remember, effective goals are smart goals — specific, measurable, attainable, realistic and trackable.

These suggestions were taken from *The One Minute Manager Gets Fit* action plan book.

— By Betty Miller
Wellness Coordinator

Talk on back injuries set

Everyone concerned about how to prevent back injuries is especially invited to attend a lecture by Lt. Kerry R. Thompson, Assistant Chief of Physical Therapy at the Naval Hospital, Long Beach, on Tuesday, Oct. 13.

The lecture will be given twice, both times at the Center theater, at 8 a.m. and at 5 p.m. Anyone in the community is welcome to attend either talk, sponsored by the Center's Wellness Program.

Back problems, according to Lt. Thompson, affect those who have sedentary jobs just as much as those whose work involves lifting. A large number of people who go out on disabilities go out because of back problems.

The Navy has bought a program put together by the American Back School; this nationally known program will be presented by Lt. Thompson. During the program ways to avoid back injuries will be presented as well as simple exercises.

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Quake research on-going

Last week's earthquake epicenter near Whittier had a direct impact on the Center's seismological studies program. On the evening of Oct. 1 and the following morning, the Research Department's Applied Geoscience Research Office removed five portable seismic stations from NWC lands; these stations were then transferred to the Los Angeles area for aftershock studies.

The Center has been involved in a program to study the details of faulting behavior and soil response. The

study, headed by seismologist Dr. Gerry Simila from California State University Northridge, involves the seismological laboratories of the University of California at Santa Cruz and Berkeley, as well as the NWC seismological laboratory.

Instrumentation is used for a variety of experiments until a major earthquake occurs somewhere in the region. At that time, the instruments are temporarily relocated for aftershock studies.

The relocation is actually an extension of the on-going local program and results will be directly applied to Navy research.

A big pay-off to the Navy, according to Dr. Glenn Roquemore, head of the Engineering Department's Applied Geoscience Research Branch, will be the constant transfer of data from the Whittier area - site of the most recent quake - to NWC, thus allowing local geologists to remain updated on the recent increase in seismicity in Southern California.

How to avoid getting jet lag

In one way, our Stone Age ancestors had it easier than we do. They never had to fly across time zones and face a power breakfast meeting, much less a battle, when their bodies told them it was midnight. And unlike most people in uniform, our fur-wearing forebears never had to work late at night and then defend the Free World early the next morning.

Along with the joys of modern civilization comes the need to be alert to the command of the clock. Our bodies tell us to be alert, eat and sleep according to a cycle known as a circadian rhythm, which is believed to follow the sun's cycle.

We can get our bodies to adjust to clock time, but the balance is easy to upset. We don't even have to travel to get that rhythm out of whack. All it takes is a weekend or a couple of days off duty, when we go to bed and get up later than normal, and we've set our bodies up for a letdown, the "Monday syndrome."

No matter the cause, a fouled-up body clock can lower productivity and cause accidents. Dr. William Storm, chief of aerospace research branch at Brooks Air Force Base, Texas, said that military researchers have been looking at special sleeping pills with a short half-life as one way of minimizing jet-lag problems.

Ordinary sleeping aids stay in the body a long time and cause a hangover — which can dangerously hamper performance in critical situations.

The British had some success with the new type pills when they gave them to troops en route to the Falklands to make them sleep in the daytime so they'd be ready to fight on arrival. Storm says the research is still being done on the sleeping aids and advises strongly against self-medication.

Storm says there is no way to completely avoid the fatigue of time changes or longer working hours. But he recommends ways to manage the body's rebellion at a manageable level.

- To avoid Monday syndrome, don't stay up late on weekends.
- Storm says it's best to simply get several good night's sleep at your regular bedtime before flying. He disagrees with experts who say to adjust your bedtime several days before you fly across time zones by one hour per time zone.
- While flying across time zones, eat good meals and don't smoke. In general, it's a good idea to drink plenty of non-alcoholic and caffeine-free fluids while flying. If possible, take walks up and down the aisle or do isometric exercises in your seat.
- If you have control over your schedule, don't plan a critical event for a time you'd normally be asleep.
- Even when you're not traveling, be aware of your most alert times and try to do your difficult work then.

By Evelyn D. Harris — American Forces Information Service

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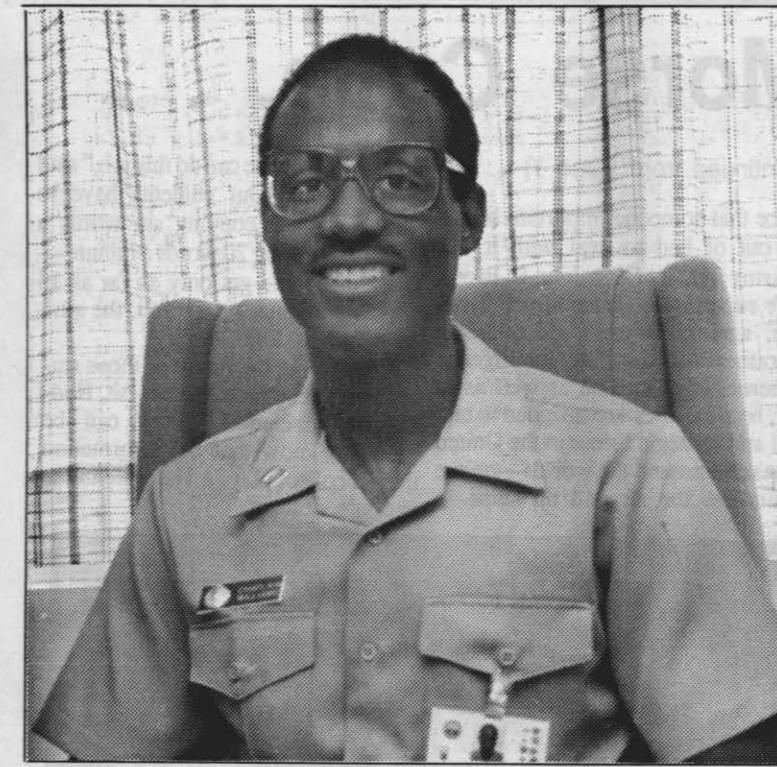
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NWC's new chaplain says his door's open

Enthusiasm and compassion are the words that best describe NWC's new Chaplain, Lt. Greg Williams.

Chaplain Williams is not only new to NWC, he is also new to the Navy since he entered the Navy in June 1987. He entered the Navy because his father is a Navy World War II veteran and because, "I had a calling from Jesus Christ, my Lord to join the ministry in the Navy."

His adjustment to Navy life has been made less difficult because "All of the people here, on the Chaplain's staff and others, have been very helpful in getting me adapted to the environment—in terms of living quarters as well as just to understand naval life."

Chaplain Williams arrived with his wife, Gail, and their four children

from the Bronx, in New York City, where he was the Pastor of the Soundview Presbyterian church. He originally hales from Detroit, Chaplain Williams has been a minister for 15 years and obtained his degree at the Union Theology Seminary, in New York.

The new Chaplain enjoys listening to big band era records and has a hobby of collecting Capitol records from that era. His collection is in Detroit with his parents.

Lt. Williams is eager to start his new job in the Navy because, "I believe my best skill is listening and I think of myself as a minister in naval uniform. I want to have an open-door policy, which is what I had at my church. I am delighted to be at the Armitage Airfield and I want to start helping the sailors out here."

Suicide: CNO sees new push for help

Washington (NNS)— Chief of Naval Operations Adm. Carlisle A. H. Trost has established a Navy-wide Suicide Prevention Program. The new program was announced in NAVOP 086/87 and is aimed at lowering suicides and suicide attempts in the Navy.

Eleven percent of all Navy deaths last year were suicides.

The program includes plans for educating Navy men and women and their families about suicidal behavior, how to deal with it and where to get help. Commands will be responsible for counseling and assisting those with significant career, family, or financial problems. People entering the Navy will be briefed on managing stress.

"Sea service life is stressful for all age groups," Trost said. "Our young men and women, however, may be particularly vulnerable to operational pressures and personal insecurities. People are our most important asset. Good leadership and concern for our sailors will assist in the containment and reduction of suicides in the Navy."

Morse Code communication form

Say "Morse Code" and most people will think either of their scouting days or of POWs blinking out code with their eyelashes. The code, invented by Samuel Morse in 1838, is very much alive today.

"Third World and guerrilla fighters like Morse because you can set up a transmitter with a D-cell battery and a bottle cap," said Army Sgt. 1st Class Steven Huddleston. "It's more resistant to jamming than other codes, and it's the only reliable form of communication that will operate in a nuclear environment," Huddleston is a senior military instructor in the Morse Col-

lection Department, United States Army Intelligence School, Fort Devens, Mass.

Soon, the school will train members from all services in Morse Code. This spring, Air Force students joined the soldiers training there; the Navy and

Marine Corps will join them in February 1988. Huddleston said he's looking forward to the sailors coming on board and the Marines landing, because he thinks a little interservice rivalry increases the sense of esprit de corps.

As a result of the consolidation, the number of students Fort Devens trains is steadily increasing. In 1986, about 1,200 students learned code at the school. By the end of fiscal 1987, about 1,400 will have trained, and the number is expected to increase to 1,600 by 1990.

Those who pass the course can look forward to doing an important job. Said Huddleston, "We're not sending our students out there to practice — they've got a real job. In my career as a code copier, I've taken more than one communication of enough signifi-



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Where to find many answers

(This is the third in a series of articles on the Navy's enlisted advancement process.)

Step by step, the advancement process is outlined in training manuals. Detailed information is available from Navy career counselors. Qualifications for advancement are specified in Section 1 of the Manual of Advancement and are outlined for each rating in Section 1 of the Manual of Navy Enlisted Manpower and Personnel Classification and Occupational Standards.

Still, there are questions asked.

For example, how important is the CO's recommendation?

The most important requirement in the enlisted advancement systems is the commanding officer's recommendation about each individual candidate.

Without the CO's recommendation, no one can take the exam. With it, each candidate has been certified to be qualified for advancement.

When a CO recommends a sailor, that means the person is qualified in all respects, to the best of the CO's knowledge, to

assume the duties and responsibilities of the next highest pay grade.

COs are tasked by the Navy with making honest and conscientious performance evaluations and advancement recommendations. It is the CO's responsibility to recommend only those sailors who are fully qualified.

Thus the recommendation of the CO is essential for any sailor with hopes of advancement in the Navy.

Next week: The exam.

Morse Code...

(Continued from Page 7)

cance that someone important had to get out of bed to deal with it."

Army Sgt. 1st Class John E. Brose, shift supervisor, Basic Morse Division, agrees. Morse Code intercept operators function as intelligence gatherers in peacetime as well as in war, he said. They are assigned to tactical and strategic forces in the United States and around the world — on the ground, in the air and on ships.

"Not everyone can do this job," said Huddleston. "Our students have to progress from copying six words a minute to taking 20 words a minute — a lot of people get only as far as 18 words a minute. As a result, the attrition rate is high."

Concerning the future of those students who complete the course, Huddleston concluded, "They can be proud to know that the information they'll collect plays a vital role in the nation's defense."



GOOD CAREER—The Navy's been good to Chief Aviation Machinist Donald J. Gray Jr, so he raised his hand to reenlist for another hitch. His wife, Tina Marie, was on hand last month when he cut the cake at his reenlistment ceremony. He has been in the Navy since 1975 and at the Naval Weapons Center since July, 1984. Chief Gray is serving as the Aircrew/Ordnance Leading Petty Officer.

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Ensure a safe Halloween

WASHINGTON (NES)... Halloween night can be great for kids as they dress up in their favorite costumes and trek through the neighborhoods looking for the best treats. Parents can keep it fun by making safety checks before and after they go out. The U.S. Consumer Product Safety Commission offers a few tips.

When selecting a costume, mask, beard or wig, make sure all are labeled "Flame Resistant." In case one of the items catches fire, the material can easily be extinguished once removed. Avoid buying or making baggy sleeves or billowing skirts to reduce the chances of a brush with a lit jack-o'-lantern igniting a costume.

Apply face make-up rather than buying a mask that might restrict breathing or obscure vision. If you do use a mask, make sure the eye holes are large enough for the child to see through.

If the costume comes with a sword, knife, or other accessories, make sure these items are made of soft, flexible material.

Make sure the child's shoes fit securely to prevent tripping or falling. Secure hats and scarves to keep from

restricting the child's breathing or vision. Also, put reflective tape on the costume. The tape will glow in the beam of a car's headlights.



These safety checks before the trek for treats may call for a dress rehearsal a few days before Halloween, so take the time for it in case you need to

make any adjustments. Then when it's Halloween and time for the children to be off, make some more safety checks.

•Make sure children are "chaperoned" by an adult or responsible teenager.

•Tell them not to enter homes or apartments unless their chaperon accompanies them.

•Make sure they carry a flashlight so they can see and be seen.

•Remind them to walk on the sidewalk rather than in the street.

•Tell them to visit only houses that have an outside light on.

•Tell them to watch for obstacles like toys or hoses on steps, lawns or porches. Make a safety check at your own home to remove any obstacles for visiting goblins or gypsies.

When the foragers return home, check their treats. If you suspect anything, such as unwrapped candy or a piece of fruit with a cut, throw it away or get it x-rayed by your local hospital or military medical facility. Discard baked goods unless you know they came from a reputable neighbor.

Parental safety checks before and after trick-or-treating keeps it fun for everyone.

Musical set by CLOTA

"Seven Brides for Seven Brothers," a rambunctious musical play, will be presented by the Community Light Opera and Theater Association on Oct. 16, 17, 23 and 24 at the Burroughs High School lecture center. Curtain time for the performances will be 7:30 p.m.

Tickets for the local production directed by Nancy Miller are now on sale from cast members and from The Music Man, The Art Buffet, Farris' Restaurant, The Book-Let, Medical Arts Pharmacy, D'Allen's Menswear, and Loewens' in Ridgecrest. General admission is \$6.50, reduced to \$4.50 for senior citizens, students and active duty enlisted personnel.

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Library charges fines

Fines will be levied on all overdue library materials at NWC's Center Library starting Oct. 18. This change in procedure came through a Model Installation Program Initiative (MIPI).

Beginning to accumulate the day after the item is due, the fine will be ten cents per day, per item. Patrons with overdue charges on their card may not check out materials until the charge is cleared.

Overdue materials may not be renewed by telephone. The fine must be paid before the item will be renewed.

Charging fines for overdue materials should cut back the number of overdue items, and, therefore, the number of hours per day spent on preparing overdue notices. This will allow the librarians more time for reader's assistance and other tasks related to serving the reader.



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Hands-on history set

Hands-on history will be offered by the Friends of the Eastern California Museum on Saturday, Oct. 24, at Independence. All events will be held at the museum, located at Grant Street, three blocks east of Highway 395 in Independence.

Between 8:30 a.m. and 6 p.m. those who have registered will be able to take part in a class and demonstration of hand tools of the 1880 era, a class and demonstration of quilting techniques and will be able to help restore a building originally built in the 1880s. There'll also be fiddle music and a pit barbecue dinner.

All this will be for a donation of

only \$7.50 for anyone over 16 and of \$5 for youngsters for those who register prior to Oct. 17. Those registering at the door will be charged \$10 and \$7.50, respectively. Checks should be made out to the Friends of the Eastern California Museum, P. O. Box 33, Independence, CA 93526.

Work clothes will be the order of the day, and a jacket or sweater might be needed.

Further information can be obtained from Bill Michael at the museum during the day at (619) 878-2411 or from Tom Lipp in the evenings at (619)878-2002.

Calico Days starting

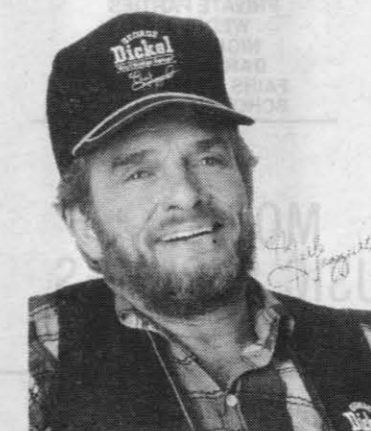
Calico Days will be celebrated at the ghost town located east of Barstow through Sunday, with the official beginning at 6 p.m. today. There'll be parades, "gunfights," burro races and he-man contests. The Wild West parade starts tomorrow at noon, and the National Gunfight Stunt Championship starts at 3 p.m. Tomorrow's events finish with a bluegrass concert at 8 p.m.

On Sunday a burro race will be run down the main street of the ghost town at 11 a.m., a he-man triathlon starts at noon, and a fast gun shoot-out will be held at 1 p.m.

There's a camp ground for campers for \$6 per night, and admission to Calico is \$4 for adults and \$2 for youngsters aged 6-11. More information is available by telephoning (619) 254-2122.

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Youth soccer still on the go...

(Continued from Page 10)

Sounders recovered with two attempts at goals by Jason Ford and excellent saves by Chris Moore as goalie, but couldn't stop the Tornados.

Division 3

Aztecs 2, Timbers 0
Garrett Katzenstein put in both goals for the Aztecs, who also had excellent defensive plays by Blair Wood and goalie Brian Hire. Luke Woydziack and Genny Salter had good defensive moves, but the Timbers couldn't overcome the winners.

Earthquakes 8, Sockers 3

Two goals each by Sean Williams and Ryan Lilly, four goals by Greg Greedy and a total team effort made an exciting and fast paced game for the Earthquakes. Mike Ogren's two goals and Brandon Rivera's goal wasn't enough in this game. Despite the score, Marvin Harbaugh and Jason Maxwell made some good saves as goalies.

Stings 2, Lancers 1
Good goal tending by Tristin

Smith, two goals by Chad Taylor and excellent hustling by Marie Snipes secured the win. The Lancers lost despite excellent defensive and offensive plays and a goal by Miles Ross.

Division 4

Rougues 1, Fury 0
Marcus Lopez scored the lone goal from a pass from Jonathan Rae. Victory was assured by outstanding saves by goalie John Hayes and good playing by Brendan Weinholt and Scott Ross. Eddie Hadjes played aggressively in the loss, but the Fury couldn't score.

Fury 2, Whitecaps 1
Halfback Joe Battaglia and Fullback Doug Banks showed great form as Jason Davis and Kris Wagner kicked in the winning points. Scott Becker scored the only goal in the loss.

Rougues 6, Whitecaps 0
Outstanding team work, three goals by Marcus Lopez, two goals by Scott Ross and a single goal by Jonathan Rae made an easy victory.



ATTACKING—In their second game last Saturday, a 3-0 win against the Bakersfield Sockers, the Scorpions under-19 soccer club made frequent attacks on the opposition goal. The Scorp scored shortly after this photograph was taken. Photo by Steve Boster

Scorpions get twin kill

In their first doubleheader of the season, the under-19 Scorpion soccer team notched twin kills against the Bakersfield Sockers. The Scorp were 7-0 winners in the opening game and won the finale 3-0.

In the first game, Chris Johnson got the hat trick for the Scorp with three key scores. Also notching goals were Ted Armstrong, Matt Mechtenberg, Brian Collie and Doug Dragovich.

Both teams were tired when the nightcap game started, but the home team Scorp got goals from Armstrong, Jimmy Caves and Matt Ziegler.

The wins boosted the under-19 squad to a 5-0 mark in Golden Empire Soccer League play.

This Sunday the Scorpions will be at Bakersfield West to face the Blues Brothers in a 1 p.m. encounter.

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DFG eyes new rules

California's Fish and Game Commission will consider several rule changes impacting anglers in the Indian Wells Valley this winter. Rules adopted this year will be effective in 1988 through February of 1990.

Included in the proposals is a recommendation to close Crooked Creek, and feeding Crowley Lake and its tributaries below the gaging station all year and above the station from Oct. 1 to June 30 to protect spawning trout.

Also, it is proposed to exempt Inyo and Mono Counties from the 12-inch minimum size on black bass. Fish and Game officials say water conditions in these counties rarely produce that size bass. The commission will also be asked to close Slinkard Creek, a West Walker River tributary in Mono County, to all fishing while DFG stocks the creek with Lahonton cutthroat trout in an attempt to reestablish this threatened species.

Members of the commission will also hear a proposal to close Lake Tahoe to fishing from Oct. 1 to Dec. 31 and reduce the bag limit for lake trout from five to two.

Hunt still said poor

Hunting in the X-9 and X-12 areas was poor during the early season that ended last Sunday. Because of fewer tags issued, there were also fewer hunters in the field to be frustrated by the lack of deer.

The D-17 season opens tomorrow morning, however, and should be excellent. The D-17 area is basically the Inyo Mountains; lots of deer have been spotted there.

Fishing last week in the southern Inyo area was superb. The warm temperatures have kept the insect hatch going, so anyone fishing with flies or with the fly-and-bubble combination is catching limits.

The Department of Fish and Game is continuing to plant rainbows; the brown trout are also active.

BLM sets free tours

Rangers from the Ridgecrest Resource Area Office of the Bureau of Land Management will begin their fall and winter interpretive activities

Ranger-led hikes through the Eureka Dunes and tours of the Last Chance Area of Critical Environmental Concern in the El Paso Mountains will be offered later this year. Also, over holiday weekends, the portable ranger station will be set up to help the many off-road vehicle users who look for recreation in the Jawbone Canyon, ORV, Open Area.

Hall Lanes is sponsor

Hall Memorial Lanes is pleased to co-sponsor the ninth annual Miller Lite National Doubles Bowling Competition. This handicap event for amateur league bowlers has a \$150,000 national prize fund with \$50,000 being awarded to the winning team.

Hall Memorial Lanes is a qualifying center for this special event. Interested parties can qualify as many times as they want, Monday thru Sunday, from 9 a.m. to 11 p.m. until January 1, 1988.

Entry forms and rules are available at Hall Memorial Lanes. Entry fees are \$9 per team plus lineage. Line fees are \$1.30 per game for DOD civilians and their dependents and \$.75 per game for military, retired military, and dependents.

Bike Club meets

On Wednesday, Oct. 14, the Ridgecrest Bicycling Club will be holding its next meeting. The club will discuss all types of cycling (racing, touring, all-terrain and recreation).

Newcomers and anyone interested in becoming involved in the club are welcome to attend this meeting at John's Pizza at 7:30 p.m.

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NWC cagers set for tourney



NWC VARSITY—Members of the NWC Women's Basketball Team are hosting their first basketball tournament starting tonight. The women compete in the

Mojave Desert Interservice League and various tournaments each season.

Photo by PHAN Cary Brady

Women's team hosts eight

Action in the first NWC Women's Varsity Basketball Tournament opens today (Friday) at 4:30 in the Center Gym. Eight teams from California and Nevada military installations will compete in the three-day event.

Richard Staples, NWC coach and tourney director, said three games will be played tonight. Tomorrow (Saturday) games start at 8 a.m. The championship game is scheduled for Sunday at about 7:30 p.m. All games are in the NWC Gym. This is a double elimination tournament.

Joining the NWC team are cagers from Edwards AFB, Nellis AFB, Norton AFB, NAS North Island, Ft. Irwin and NAS Miramar.

Spectators will be asked for a \$2 donation, good for all three days of the tourney. All profits from this tourney will be used to send the NWC team to other basketball tournaments this season.

Excellent play keys top teams

Second week in play for NWC's Youth Soccer League saw excellent defense and hard offense from all the players in some close games this past weekend.

Division I

Roadrunners 1, Coyotes 0
With good plays by Blake Harden, Johynn Ross and Thor Smith, along with a goal by Thomas Koelsch, the Roadrunners triumphed. Efforts by Rory L'Hommedieu, Marcus Butterfield and Daniel Runyon weren't enough in the loss.

Cobras 2, Eagles 0
Strong support by the team, and a good goalie, David Rollingson, prevented the Eagles from scoring. Chris Peters and Jeffrey Robbins slipped in the goals for the win. Fullback Jim Orozco and fast running by Matt Hessler wasn't enough in the loss.

Apollos 3, Owls 0
Two saves by goalie Rodney Downs and goals by Todd Downs, Sam Elson and Brandon Tullio secured the win. Good kicking and running by Gary Hobson and tries at goal by Kyle Jensen and Andrew Hernandez couldn't offset the Apollos.

Apollos 5, Rowdies 0
Despite the score, the Rowdies played a good game with excellent plays by Warren Mayer and Jeremy Hilliard.

Division 2

Diplomats 1, Cougars 0
Good passing by Jason Bowling and Nick Pritchard, along with a goal by Dan Hartley, defensive moves by Daniel Behr and saves by goalie Joshua Behr won the game. Randy Martin and James Powers fought the Diplomats, but one slipped through.

Kicks 1, Rockets 0
Teamwork kicked the Kicks into the win. Heather Staab, Paul Gillette, Justin Agee and goal by Kevin Cornett assisted in the victory. Despite a fine game by Jason Lester, Shawn Glasco and Bill Yeager, the Rockets couldn't overcome the Kicks.

Tornados 9, Sounders 0
After drowning in the first half, the

(Continued on Page 12)

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Fall fishing fun continues in Sierra

(Continued from Page 10)

Back country lakes in the Lone Pine area offer some of the best fishing in the eastern Sierra region. Limits of pan-size goldens are being caught on perch begin caught on jigs at Crowley Lake. There is, however, a two-fish limit and an 18-inch minimum keeper size on trout caught on the lake. No the lower Owens River are good for rainbows with small lures, worms and salmon eggs bringing best results.

Bishop area fishing is highlighted by South Lake and Lake Sabrina were limits of planted rainbows are being landed on a variety of baits. Also, Sabrina is good for trollers using Castmaster lures. There is no limit on Sacramento pan-size goldens are being caught on perch begin caught on jigs at Crowley Lake. There is, however, a two-fish limit and an 18-inch minimum keeper size on trout caught on the lake. No the lower Owens River are good for rainbows with small lures, worms and salmon eggs bringing best results. Standard baits such as floating

cheese, worms and salmon eggs are the best bets for anglers working the Mammoth Lakes area. Lakes Mary, Twin and Mamie are still fair to good for fishing. Small planters are being caught in Mammoth Creek on salmon eggs or worms. Trolling with lead core line, 10-color deep is bringing good results at Convict Lake. Anglers are landing mostly planted rainbows and are being taken on needlefish. Hot Creek is a catch and release

area for lures only. Small dry flies such as elk hair caddis and light cahills seem to bring the best results. The upper Owens River is good for pan-sized rainbows taken on lures near the bridges. Also, try floating bait downstream to pools where the riverbank is undercut. Gull Lake is the best of the June Lake Loop lakes; fishing is only fair on June, Silver and Grant Lakes. On Gull, anise flavored cheese or marshmallows on the surface work well.

Also, trolling with hornbergs on the surface brings good results. To the north, the East Walker River, a wild trout area, is very good for fishing from 6 p.m. until dusk. Limits of rainbows are being taken using yellow rooster tails, large hornbergs and rappella lures. This is probably the final weekend for outstanding fall colors in the high country. The Owens Valley has yet to peak, but from Rock Creek north the peak is past.



LUCKY WINNER — Donna Darnell, who represents Kern County Supervisor Roy Ashburn, draws the first name of those who will be permitted to hunt chukar at NWC on four selected weekends. Those who submitted cards will be notified shortly if they were among the 600 chosen of the more than 1,000 applicants. The first card selected listed hunters from Lakewood and Van Nuys; the third card drawn was for the first local group turning in their names. — Photo by PHAN Cary Brady

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Fish for the holiday
 With only 22 more days in the 1987 general trout season, anglers can take advantage of the three-day weekend and make the eastern Sierra region headquarters for some serious last minute fishing.
 Where weather and water conditions allow, roadside lakes and streams between Lone Pine and Bridgeport are still being stocked with catchable rainbow and brown trout. (Continued on Page 11)

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