The Mardi Gras Ball

Tomorrow night is the night at the Commissioned Officers' Mess. Don't stay home - come and join the fun. Reservations are limited, and the Club is open only to those holding tickets. So call for yours now at 72265. Shish-Ka-Bob dinner and entertainment straight from Hollywood. Door prize: two nights and three days at The Dunes in Las Vegas.



MUSIC SCHOLARSHIP CHECK-Sue Chudzinski (left) presents a \$76 check to Barbara Auld, Music Parents Club president, on behalf of the China Lake Elementary P-TA. The money will be used to provide two Summer Music Camp Scholarships for local youngsters.

Educational Interest Survey

The following interest survey is being run at the request of the local educational institutions and training offices. If you are interested in taking courses which are not presently available in this community, you are particularly encouraged to respond to the inquiry. You may answer directly on the paper itself, tear out, and mail as directed below. Extra copies of the inquiry may be obtained at the Burroughs High School Offices, the Bakers- tide in action. Atrocity scenes to East Berfield Junior College Evening Division (located at Burroughs), or Room 1004, Michelson Lab.

INDIAN WELLS VALLEY EDUCATIONAL INTEREST SURVEY

- 1. Are you seriously interested in taking any courses at the adult education or college level?
- 2. Tuition costs for courses taught locally:
- A. Burroughs Evening High School: None.
- B. Bakersfield Junior College Evening Division (lower divis- Agencies and Joint Crusade ion college courses): None.
- C. U.C.L.A. (upper division and graduate: \$15 per credit.
- D. U.S.C. (upper division and graduate: \$30 per unit.
- 8. Please circle the school above in which you are most inter-
- 4. List subject fields in which you are most interested (example: departmental keymen by noon government, history, art, elementary education, etc).
- 5. Will you be able to take these courses if they are offered: (a) within two years....; (b) within three years...
- (c) within five years....? 6. Time of day most convenient for taking courses:
- Morning...... Afternoon...... Evening...... Other... 7. Do you wish to work toward a particular degree or credential?
- If so, please name degree or credential you want. 8. Would you be interested in teaching (full time or part time) or in being a guest speaker in any of the schools listed in
- question No. 2? If so, please tell subject matter... 9. Please list degree(s) held and major fields...

10.	Please list teaching experience
	NAME.
	ADDRESS PHONE
	Please use supplementary sheet for answers if necessary.
	Mail replies to: Education Office Code 6503 Poem 1004

(Comedy) Radio and TV repair missing heir to an electronic tycoon's for (Adults and young people SHORT: "Keeping up with Crazy" (7 Min.) "Sea Sports of Tahiti" (10 Min.)

"BOY & THE LAUGHING DOG" (90 Min.)

SHORT: 'Duffy's Duck Hunt" (7 Min.) "Zombies" No. 6 (13 Min.)

-EVENING-'FIRST SPACESHIP ON VENUS" (78 Min.) Yoko Tani, Oldrick Lukes 7 p.m.

(Science-fiction in color) A fantastic, intere lding trip to Venus in 1985 by a group of ained in a magnetic tape spool. (Adults and young peo HORT: "Magoo Meets Frankenstein" (7 Min.)

'Plucky Plumber" (18 Min.) TREVELOGUE

"VILLAGE BENEATH THE SEA"7:30 p.m...

person by Harry Pederson, famed for his Carson's "The Sea Around Us." Informati thoritative and exciting.

"THE LAST SUNSET" (111 Min.) Kirk Douglas, Rock Hudson, Dorothy Malone

7 p.m. (Western drama in color) Wanted man peace officer become embroiled in th problems of a ranch family and are forced delay their showdown until the problem e solved. Here's a big cast and a bi

"FANCY PANTS" (92 Min.) Bob Hope, Lucille Ball

(Comedy in color) Fortune-hunting English on hires an American troupe to pose SHORT: "Punch Pooch" (7 Min.)

"King of the Outdoors" (10 Min.) FEB. 21-22 "WE'LL BURY YOU" (72 Min.) Special Documentary

"One picture is worth a thousand words" position: d this comprehensive history of Comm rom Marx to Khrushchev this shows the rec eel treat - "The Adventures of a Roadrun vou'll have to see this.

SHORT: "Adventures of a Roadrunner

Joint Crusade Drive Ending Next Monday, Called One of Best

The 1963 campaign for funds supporting the National Health draws to a close next Monday at China Lake, ending what drive chairman Lester G. "Red" Garman said would be "one of the most successful ever held here."

Garman asked that all donation envelopes be turned over to

The month-long drive is one of three annual fund campaigns authorized by the Navy Depart-



SHIPPING OVER for another four-year hitch is Albert Mc-Cain, CS1. He's been at NOTS since last Dec. 4. Prior duty was aboard USS Laws, DD. McCain and his wife and five youngsters live at 229 Se-Michelson Lab., U.S. NOTS, China Lake, Calif. gundo, Wherry.



INSTALLATION CEREMONY — CPO Wives Club installed new slate of officers last Friday evening at club preceding buffet dinner-dance, New officers are (I-to-r) Frances E. Smith, publicity chairman; Vada Dobbins, membership chairman; Betty Jo Kennedy, treasurer; Arleen Brailey, president; and Jeanece Varndell, secretary. Not shown in photo were Eva Grose, vice president: Dawn Morrison, entertainment chairman; and Norma Rogers, hospitality chairman.

Exam Announcement

with the Civil Service Repre- visory Mechanical Engineers sentative in the Personnel De- (general), GS-15; and one Supartment, Bldg. 34, Ext. 72657. pervisory Chemical Engineer, Off-Station Jobs

Vacancies exist at the U.S. Naval Experiment Station, An- positions may be secured from napolis, Md., for the following the Personnel Department, Bldg.

ACROSS

Competitive promotion exam- One Physical Science Adminisinations are open for the follow- trator, GS-13, and one Physical ing positions at China Lake: Ord- Science Administrator, GS-15; nance Worker (ammunition and one Supervisory Electronic Enexplosives), Heavy Duty Mechan- gineer, GS-14; three Supervisory ic, Saw Filer, Tile and Plate Physical Metallurgists; five Su-Setter, and Guards, GS-3 and pervisory General Engineers, GS-14: three Supervisory General

Applications should be filed Engineers, GS-15; three Super-

by officials that the local Rabies Information regarding these Control Officer maintains approved methods of pet disposal. 34, Ext. 72657. Information may be obtained

CROSSWORD PUZZLE

9-Rope
10-Son of Adam
11-Was borne
17-To move
from side to
side
22-Female
sheep

sheep 24-Doctrines, 25-Everyone 26-Card game 28-Icelandic

32-To state 34-Earth goddess 36-To perform

-Civil wrong wound 12-S-shaped moulding 13-Hawaiian 13-Hawanan wreath 14-Tramp 15-Killer whale 16-Replied 18-Sly look 19-Negative 20-Muddle 21-To change color of

59-Sandarac tree 53-Water buffaloes 55-String 56-Verve 57-To employ 58-Consumes 59-Dispatched

parrot 61-Narrow, flat board DOWN 3-Retreating 4-Pathetic

From.



Europe 51-Pilaster -High cards 52-Repose -Strong wind 54-Diving bird						aster		fishing gear, clothing and food plus \$194.31, according to Acting
6	7	7	\bowtie	18	9	10	111	Police Chief Val. A. Cummins.
			\bowtie	1				The trio of China Lake youths,
3			\bowtie	14				arrested by California highway
5			17	-	-	110		patrolmen less than two hours
-	-	-	-					after a pickup notice was broad-
1	8	\otimes	20	1	1		100	cast, were driving a stolen 1954

PLACE

STAMP

HERE

Chief of Detectives John E Rowe St., reported last Monday.

and \$194.31.

ported stolen Wednesday, almost | Wednesday evening, all three ofsimultaneously with the Dalton fenders were in Juvenile Hall at

times of both burglaries prompted Dowd and Mitchell to call in the state highway patrol to broadcast an all points bulletin.

3 Teeners Are Arrested

The swift action of two Station police officers has been credited with nipping in the bud a teen-aged crime spree that involved a stolen car and two burglarized homes within a 3-day Taken from the homes were rifles, a revolver, ammunition,

Crime Spree Nipped As

Vol. XVIII, No. 6

Warning On

Dead Animals

The discovery this week of

dead animals . . . presumably

pets owned by Station residents

... which had been left at the

Station dump area brought forth

a stern warning from Station

officials, underscoring existing

regulations and county ordi-

The only method of animal

disposal at China Lake, accord-

ing to these regulations, is

through the Kern County Rabies

NOTS Instruction 5820.3, is-

sued in April 1962, cites the

Kern County law which pro-

hibits placing the dead bodies

from that office during the hours

Call NOTS, Ext. 7-1490, or

of 2-6 p.m. Mon., Tues., Wed.

Fri., and 1-5 p.m. on Thurs.

Ridgecrest, FR 5-2821.

of animals in any public place.

Control Officer.

Disposal Of

Oldsmobile owned by a Station resident. Dowd and Detective Sergeant Cal Mitchell, assigned to the case, said the first home burglarized was that of James F. Peck, 61-A

Taken were a 38 cal. revolver nesday, one hour and 18 minutes A second home burglary was cast.

S. Dalton, 104-B Forrestal. Two rifles, revolver and ammunition. rifles, ammunition, fishing gear | Arresting officers said the and food were reported stolen. vouths expressed surprise over The car, owned by Joseph M. the fast action of the police. Totton, 413-B Princeton, was re- Turned over to their parents

home burglary. Truancy from school at the court actions.

The teen-agers were arrested at the Mono Sheriff's Station 40 all copy for the Rocketeer miles north of Bishop by high- must be in by 4 p.m. Tuesday.

Praise for the "outstanding law enforcement practice" came this week from command officials in the wake of actions by Detectives John E. ested by California highway | Dowd and Cal Mitchell which resulted in the speedy capture of a teen age trio.

> Noting the elements involved in the double-burglary and car theft, one official said the swift action of the local police may have saved the community from what could have been a tragedy.

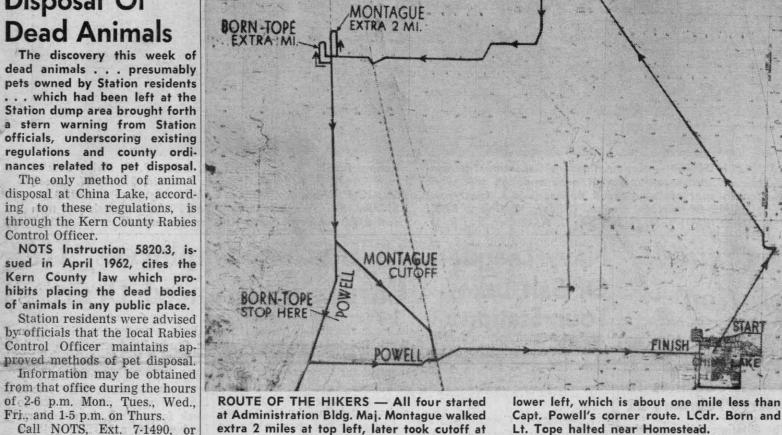
way patrolmen at 2:20 p.m., Wedafter the pickup had been broad-

reported Wednesday by Quinten In the stolen car were the

Bakersfield this week awaiting

DEADLINE UPPED Because of the Washington

birthday holiday next week,



Marine Jet Pilot in Record

50-Mi. Hike: 12 Hrs., 38 Min.

NAVAL ORDNANCE TEST STATION, CHINA LAKE, CALIFORNIA



KICKING UP THEIR HEELS - AND SOLES to show they completed the 50-mile hike are Capt. Raymond R. Powell (left) and Major Paul B. "Tex" Montague.

Four VX-5 Men Try It, Two Succeed

A China Lake Marine test pilot chalked up a record Saturday for the much publicized 50-mile

Major Paul B. "Tex" Montague, 38, completed the walk, double-time, dead-run ordeal over desert flatlands and mountain terrain - much of it in the rain - in 12 hours and 38 min-

Fri., Feb. 15, 1963

(Later in the week, wire service stories confirmed that Mai. Montague's record had been broken by at least one other hiker throughout the nation.)

Another VX-5 Marine pilot, Capt. Raymond R. Powell, 32, finished the grueling trek in 14 hours and 50 minutes.

Each man carried a 24-pound

The pack was part of the stipulation prescribed for leathernecks in 1908 by then-President Theodore Roosevelt, the esteemed Rough Rider. T. R. had proclaimed that Marine captains and lieutenants should be able to hike 50 miles in 20 hours. A recently uncovered copy of the document was shown to Marine Corps Commandant, Gen. David L. Shoup. He refererd it to President John F. Kenendy, who

If You Can't HIKE 50 MILES. **GET IN SHAPE** SEE PAGE 5

thought it would be a good idea to see whether modern Marines could stand up to the test.

Many of them have. So have nen from other services. **Never Doubted Finishing**

Maj. Montague, who, by the way, runs a mile and a half each norning before reporting for duty - and often rides horseback when day's work is done ("It keeps you feeling well") never 50 miles.

"We started at 0425. For the first 20 miles I did double time about one-third of the way. That was on the downhill grades. On the uphill grades I walked norms ally, just took it easy. "After about 30 miles I took

my first rest, lying down beside the road and keeping my legs up high on the embankment to relax them."

In his 24-pound pack, Montague included two beef steak C-rations, two oranges and two canteens of water.

Two More Rests

The major took two more short rests en route to the finish line at the Naval Ordnance Test Station's Main Gate where the duty officer, LCdr. Howard E. Rutledge was on hand to cleck him and the other hikers in. The starting duty oficer was Cdr. Robert T. Hoppe.

Besides Maj. Montague and Capt. Powell, two Navy officers. LCdr. Waldo L. Born and Lt. Stephen L. Tope, MC, Flight Sur-

(Continued on Page 3)

New 11ND Commandant Due Tuesday

Rear Admiral Almon E. Loom is, USN, Commandant, 11ND, will visit the Station on Tuesday and Wednesday next week. Accompanying him will be his aide, Lt. R. V. Fox.

This will be Admiral Loomis' first visit to NOTS since he relieved Rear Admiral Murr E. Arnold as commandant.

In honor of Admiral Loomis, there will be a reception at the Commissioned Officers' Mess (Open) on Tuesday evening, from 6:30 to 8 p.m.

All members of the Commis sioned Officers' Mess are invited and encourage to attend. Uniform for the event is Service Dress Blue Bravo.

Members who desire to stay for dinner following the reception should make reservations by calling extension 72265 or 72268, prior to 6 p.m. Monday.

TEMPERATURE

			Max.	M
Feb.	8		71	4
Feb.	9		64	4
Feb.	10	4 4 4	59	4
Feb.	11		67	4
Feb.	12		63	4
Feb.	13	£	63	4
Feb.	14		62	. 5
-			1000	



GET "WELL DONE" - Communications Department personnel received individual letters of commendation this week for 8-month stint of "overloaded duties. (L-to-R, front row) Lt. (jg) H. L. Brundridge, Comm. Officer; K. Chinn, RMC; G. W. Street, RM1; J. M. Miller, SA; C. A. Waller, SA; R. D.

Boling, RMSN; L. J. Cliatt, RM3; LCdr. P. F. Mohr; Second row (L-to-R) R. A. Neal, RM2; W. P. Casto, SN; D. W. Cassel, SN; K. P. Mishler, RM3; N. E. Whittington, SN; and G. L. Fiddler, SN. Work load averaged 70 hrs. a week per man and 8,000 messages were handled per month.

Captain Assures Council Of Closer Cooperation

Final action in matters affecting the China Lake Community Tour Station in the year ahead will get the joint cooperation of the Command and Community Council, according to Captain Charles Blenman,

Eighteen members of the Navy League of the United States were

Work Related Advanced Academic Study Program. Jr., ComNOTS.

Speaking before the Community Council last Wednesday evening, Capt. Blenman expressed the hopes of working more close-Iv with the Council this year.

He said he will bring the Council into the decision making processes affecting the community before decisions are finalized.

The year's first Community Council meeting concerned the selection of Raymond Laidler to fill the Precinct 3 vacancy and listed Men's Bowling Alley, appointed Dick Frederick as and the Golf Course, will ob-Ridgecrest Chamber of Com- serve normal hours of opermerce Liaison representative.

It was announced that the next travelogue in the World Around Thanks to the drip-dry suit, seph Lannox Sloan, Floyd B. Jengrees in their specialized fields matics. He has been a Station Us" series will be shown Sunday, men now have equal rights on sen, Jack D. Mahr, Clyde J. Al- are as follows:

NOTS GUESTS - Salt Lake City Navy

Leaguers arrived at NAF Wednesday after-

noon for 2-day tour of NOTS facilities. Wel-

Of Salt Lake

League of the United States were here Wednesday and Thursday from the Salt Lake City area to Education Committee on Ord-ment Department, will attend **Business Facilities To** Observe February 22

As guests of Captain Charles and witnessed firing operations gram.

Martin Wielsen, Warren Mur- cording to the Committee.

coming group was Cdr. L. F. Knight, X.O.,

NAF (left). The group inspected weapons

test facilities and witnessed firings.

the shower curtain rod.

The Station Library, the

Bank of America, the Com-

missary Store, and all Navy

Exchange facilities will be

closed on Washington's Birth-

day, Feb. 22, with the follow-

The Theatre Snack Bar, the

Main Bowling Alley, the En-

Navy Leaguers 15 Station Employees Are Earning Advanced Degrees

in their respective fields of specialization under the off-Statioin

nance Sciences. A review of the the University of Nebraska to Blenman, Jr. ComNOTS, the Station Commander netted the for seven years. group saw weapons test facilities 15 men participation in the pro-

"The off-Station Program can Included in the group were be regarded as the culmination Paul S. Richards, Jr., Shirlley De- of the professional development Brady, Jr., George Eccles Caine, contributions in naval research William Davis Backman, Adolph and development at NOTS," ac-

Shields, James L. Trayner, Jo- working toward advanced de- work for his Ph.D. in mathe-

len, E. Lavar Tate, and Harold James R. Harvey will work Jon J. Leonard will work totician with the Weapons Plan- ployee for three years.

a Station employee for six years. been at NOTS nine years.

ward a Ph.D. in mathematics at with the Test Department.

complete his work for a Ph.D. in ployee for seven years.

toward a Ph.D. in physics at the mathematician with the Under-University of Utah. He is a physi- water Ordnance Department at cist with the Research Depart- NOTS, Pasadena. ment and has been a Station employee for two years.

George S. Handler, a chemist

Fifteen Station employees are working for advanced degrees

recommendations by the Techni- work for a Ph.D. in chemistry. cal Director and approval by the He has been a NOTS employee George A. Hayes will work

toward a Ph.D. in materials science at Stanford University. He has been a Station employee for Wayne Allen, F. Henroid, Vivian Parley White, C. W. "Buck" ployees who will make major the professional development six years and is employed as research physical metallurgist with the Research Department. William L. Johnson, a mathe-

Friday, February 15, 1963

matical statistician with the Test doch Weggeland, Jed Weston Station employees who are Department, will attend UCLA to employee for five years.

> toward a Ph.D. in experimental ward his Ph.D. in mathematics at statistics at North Carolina State. the University of Arizona. He is Harvey has been a Station em- employed as a physicist with the ployee for 12 years. He is em- Propulsion Development Departployed as a mathematics statis- ment. He has been a NOTS em-

> Frederick J. Koperski, a phys-Marko Afendykiw will attend icist with the Aviation Ordnance the University of Michigan to Department, will attend the Unicomplete requirements for an versity of Washington to work M.S. in engineering. He has been for a Ph.D. in physics. He has

> He is employed as an electronics | Lewis J. Runchey will attend engineer with the Test Depart- San Fernando Valley State College to work for a B.A. in math-William B. Arvenson of the ematics. He has been a Station Underwater Ordnance Depart- employee for 11 years and is ment at Pasadena will work to- employed as a mathematician

> UCLA. He has been with the Henry T. Sampson, a research Station four years and is em- chemical engineer with the Proployed as a mathematician in pulsion Department, will attend the University of Illinois to work Joseph S. Dinsmore Jr. will for a Ph.D. in nuclear engineerattend North Carolina State to ing. He has been a Station em-

> experimental statistics. He is Calvin W. Sweat will work toemployed as supervisor mathe- ward a Ph.D. in mathematics at matician with the Aviation Ord- the University of California. A Station employee for seven Arnold K. Green will work years, Sweat is employed as a

> > Richard C. Slates, an aerospace engineer with the Re-(Continued on Page 5)



Baseball's just around the corner, evidently. The major leagues are scurrying to sign their old standbys and the old standbys are still holding out.

Most of them are still arguing with their wives about another year on the circuit. They look for other jobs, but nobody seems to be in the market for guys who have done nothing but play baseball all their lives.

Every year they say, "This is my last!" but in the end they sign. They always do.

Really, though, how much baseball is too much? These guys start playing ball in March and do nothing but stay in shape until the following October. Some guys play all year long. It's not much of a life for a family man, plus the fact that each year they've got to perform even better.

They live under constant pressure from the owners, the managers, the coaches, the family and the fans. That kind of life is worth every penny of the large salaries they receive and even then, most of them will tell you, "It's not worth it."

"AW, COME ON OUT, DAD!"

The Moms and Dads are getting ready for the umpire's call, too. Everywhere you look these days Junior's got Dad out on the front lawn loosening up the arm.

Dad's either highly excited a bout the upcoming Little League season or he's giving it the ol' "grin and bear it" routine as he docilely accepts his parental "duty."

He and his neighbors will have to get the ball park in shape; he'll have to try to teach his cub something about which he knows practically nothing; and he'll have to act like he's really interested in whether or not Stan Musial wins the Batting Crown for the eighth time.

Then there's Mom. She's scared to death that Johnny's going to get hit with the bat or the ball, and she remembers how he goes into those deep depressions when he strikes out.

She's worried, too, about the turns at the refreshment booth (she never makes the right change), and the teeth that won't get brushed after every gobbled-down meal. Ah, yes, Baseball is here again.

BASEBALL, A "FEW" YEARS BACK

Do you remember the days when you used to play ball with a stick and a stuffed sock? You used trash can lids for bases and the close plays at first were settled with fists.

You won the game by sliding into home with the tie-breaking run and all you got for your trouble was a belt in the seat because you ripped your knickers.

The most interest Mom and Dad paid to your playing wasa casual "Where you goin'?" and then they'd hit the ceiling when you told them you were going out to play ball again. Ah, yes, times have changed. Nowadays, Mom plans menus, social engagements, and TV programs around the baseball schedule, and Dad will just have to wait until late summer to go

Time was when adults weren't that much concerned about whether or not the kids didn't have anything to do with themselves in the summer time. There was always the ol' swimmin' hole, the playground and the chores. And if that wasn't enough, "Let 'em eat grass," as I've heard it exclaimed.

BOOSTER CLUB AT BURROUGHS

A bunch of the boys are forming a booster club at the local high school. This is your chance to actively support your school's athletic program and make some new friends too. The wise coach will pay a lot of attention to a group of this kind. He knows he can always call on them for needed support. If you're interested, grab your green and white beanie and head for the multi-use room of the high school on Thursday night, the 21st, at 7:30 p.m. This will be a charter meeting for the purpose of electing officers.

TWO ACROSS FOR 30 CENTS?

I see that my horse was beaten by Physician at Santa Anita last weekend. It must have been a muddy track. He did come in second, though, and if you'd have bet two across the board as I suggested, you still would have won thirty cents. Keep smilin', Sport. See you next week.

Ft Irwin Teemen Win Match

II. II WIII ICC	IIICII AAIII MIGICII
FT. IRWIN	CHINA LAKI
Col. Maher +2	
SP4 Lenz+21/2	Lt. Austin + ½
SP5 Colbert +3	Cdr. Williams 0
SP5 Sandival + 1/2	LCdr. Gire +2½
SP4 Dawson 0	Lt. (jg) Beauchamp +3
Ffc. Swartz +11/2	Lt. McFarland +1½
M/Sgt. McArtby +2	ADJ1 Hurley +1
M/Sgt. Anderson +3	
Sgt. Maj. Whitfield +2	Lt. (jg) Stickel +1
SP4 Hill+1	Chief Nichols +2
Schliecher +2½	Lt. Newman + ½
Capt. Capels + ½	LCdr. Lentz +2½
201/2	15½

Orville Nichols, China Lake, won low gross honors with an 80. A rematch at Fort Irwin is scheduled in March instead of

Entries for the Best Ball Nassau on Feb. 23 are still open, and all interested in participating should call Paul Someson at 72990. Closing date for entries will be Thursday, Feb. 21 at



BEST-BALL THREESOME WINNERS — First place (front, I-r): Eileen Russell, Jay Mueller and Gladys Ohlsson (BCC). Tie for second were Nettie Dunkel, Mary Hockman (BCC),

Reggie Hibbs, Dot Gould, Barbara Bates (BCC) and Dora Mae Adams, Ridgecrest (standing, I-r). Eight women from Bakersfield and 16 from the local area participated.

Bowling Stats.

China Lake W	omen's	
	Won	Los
The Duds	361/2	171/2
Cream Puffs	351/2	181/2
The Splinters	34	20
Hells Belles	33	21
Bonnies	32	22
Hi Lo's		
Variety Girls	24	30
NOTS Credit Union	23	31
Jolly Kone's	20	34
The Jets		
Kickbacks	19	35
Dead Beats	20	34
Glenace Hudson	bowled	he

first 200 game with a 561 series. Bates, Bakersfield; Dot Gould,

Mixed Foursome League					
	Won				
Twisters	41	1			
Chukars	32	2			
Lo Balls	30	2			
M. E.'s		2			
Hildreth Motors	29	2			
BAPKJZ	28	2			
Pin Heads	271/2	2			
Metal Trades	25½	3			
O'Lays	25	3			
Kegelspielers		3			
Hopefuls		3			
H.A.R.D.	23	2			

Premier League

neurola in	Won	L
Hungry "I's"	41	1
Butler Venders	271/2	2
Patricks	26	3
Ballard Trailers	26	3
C.P.O. Club	251/2	3
Desert Motors	25	3

Commander's Trophy League Won Lost

93	Bluejackets, NAF 1	36
	Headhunters MB 1	34
	Skyhawks VX5 1	30
1	Chargers NOTS 1	291/2
	Sidewinders NAF 2	281/2
	Pillrollers NOTS 2	27
	Gutterhuggers MB 2	22
E	Greenanimals VX5 2	21
	Armed Forces Wiv	es Leag

Pin Pilots Gutteretts 42 Go Go Gals Pin Ticklers 40 Tired Squaws . 36

33

32

Devil Cats .

No Names .

The street of the contract of the street of				
Armed Forces Mixed Coupl				
Hit & Misses		1		
Flying Pins		2		
Weegees	331/2	2		
Rebels	32			
ABR Sparks	281/2	2		
Clix	281/2	1 8		
Rinky Dinks	281/2	5		

Unmentionables 30

Low Net 65 Wins Women's Best-Ball 3-Some Tourney

best-ball threesome - hosted ers. men's Golf Assn. with women ed at the club. golfers from Bakersfield Coun-

They scored a low net 65. There was a two-way tie for Meeting for Feb. 18 second place. The two teams were comprised of Barbara and Mary Hockman, Bakersfield; Burroughs High School. Reggie Hibbs and Nettite Dunkel.

Little League Sets And Coaches

of all persons interested in man- moth aging or coaching teams during The Junior Ski Club is open Lost Feb. 25 at Groves Street School grade through High School. Cafetorium at 7 p.m.

League Vice Presidents will meet with the prospective managers and coaches and set up a list of prospective managers for approval of the China Lake Lit- Meeting Called By

desire to manage or coach when they signed up their boys for Baseball Officials Little League this year will be Plans were announced this

T-Ball League managerial posts Groves St. School. to be filled, there is also one Primary purpose of the meetignation of Joe Siebold, manager, for the season. of the Giants. Persons interested All parents of boys who will in the Major League post are re- be eligible to compete in Pony quested to contact Major League and Colt League baseball, as well Vice President Jim McGlothlin, as others interested in this proprior to the meeting.

The Surprise Tournament-a, with 16 of the China Lake golf-

Tuesday by the China Lake Wo- A catered luncheon was serv-

try Club as guests, was won by Eileen Russell, Gladys Ohlsson of Bakersfield, and Jay Mueller. Jr. Ski Club Slates

The Indian Wells Valley Jr. Ski Club will meet Monday, Feb. Dora Mae Adams of Ridgecrest, 18, at 7 p.m. in Room 22 at the

Program for the evening will Eight women from the Bakers- include a film on skiing, featurfield C. C. participated along ing national and international ski champions

Plans for the forthcoming races with the Bakersfield skiers to be held at the Greenhorn Meet for Managers mountains on March 3 will be discussed.

In addition a report will be China Lake Little League of- given by Junior skiers who spent ficials have scheduled a meeting last weekend skiing at Mam-

the 1963 season for Monday, to all youngsters from the sixth

The group is sponsored by the Indian Wells Valley Recreation

tle League Board of Directors. Fathers who have indicted a Pony-Colt League

contacted by telephone to at- week for a general membership tend this meeting. Others who meeting of the Indian Wells Valwould like to manage or coach ley Pony-Colt Baseball League, are also invited to attend. which is to be held on Tuesday, In addition to the Minor and Feb. 19, at 7:30 p.m. at the

Major League manager's job ing will be to elect a slate of open. This was caused by the res- new officers, and begin planning

gram, are urged to attend,

Quote of the Week

After clearing 16 feet, 31/4 inches for the highest indoor pole vault on record, C. K. Yang, a 29-year-old Nationalist Chinese student at UCLA was as astonished as the spectators. All agog as he looked up at the bar, he exclaimed, "Wow!" (This record has since been broken.)



NOTS Pasadena News

Navy Exhibits At Electronics Show





The photos above were taken at the Fourth National Winter Convention on Military Electronics held at the Ambassador Hotel in Los Angeles Jan. 30 through Feb. 1. The convention featured three days of technical sessions, up to 75 military systems exhibits by major electronics and aerospace firms, plus field trips to important military electronics establishments and contractors.

Captain E. I. Malone, Officer in Charge, NOTS, Pasadena, served as Navy Project Officer for the second consecutive year coordinating all Naval exhibits for the show. Participating Naval activities included U. S. Naval Ordnance Test Station; U. S. Naval Diving Officer, with duty at Long cational and scientific organiza-Ordnance Laboratory, Corona; U. S. Naval Electronics Labora- Beach, is Lt. (jg) Robert R. Wartion incorporated in Washington, tory, San Diego; and Pacific Missile

Deemed an outstanding event, the three day program in-was a 30 month tour aboard the The Association is the profescluded a banquet and luncheon presenting outstanding military speakers.

Attack Cargo Ship USS Thuban based at Norfolk, Virginia, where he served as ship's boatswain of the Armed Forces, the Feredal



LT. (jg) S. GOODE (third from left), attached to Staff, Commander Submarine Division 73, Honolulu, visited Pasadena last Friday on an orientation tour. He was accompanied by Lt. R. W. Montross (second from left), a Project Technical Officer from China Lake. George Pollak, Deputy for Administration, and A. J. Tickner, Head, Guidance and Control Division (left and right), are shown with the visitors before a briefing session on supporting research programs.

Season Victory Within Reach

"Who put out the flame?" the Pasadena Fire Department questioned as the NOTS Hoopsters rounced them 65-51. Still burnedged out the Scholars (La Canada Jr. High School Teachers) 44-31. Bob Matthews was high point man this game with 18 points to his credit.

With five wins and two losses this season, and three games remaining, the Hoopsters are confident they will participate in the play-offs at the end of the

Feb. 19 the Hoopsters encounter Bresee Nazarene Church at Pasadena High School at 9 p.m.

1st Aid Class

Patricia Curtiss, volunteer Red cross instructor from Pasadena, onducted the five classes of two

Asst. Diving Officer Reports to NOTS



LT. (jg) ROBT. R. WARREN

Reporting aboard as Assistant | The NDTA is a non-profit, eduwith duty in the Mediterranean of the Armed Forces, the Feredal and Carribean.

began his Naval career in 1941 tation, or industry behind transwith recruit training in San Di- portation, as their field of enego and during World War II deavor. years served with the Armed | The Association does a great ure Island and in the Admiralty studies of problems in the field

Detachment at Keywest, Florida, where he also attended the Underwater Swim School for SCUBA. Previous to this, his diving career had its beginning at the Deep Sea Diving School in Washington.

Lt. and Mrs. Warren (Evelyn) presently reside in Cypress, Calif., with their three children -Bobby 14, Judy 13, and Lori Ann, 9 months.



KARL W. Scharping and James W. Taylor accept award certificates and congratulations from D. A. Kunz, Head, Systems Operations Division (left to right) .- Photos by Ron Tharp, FA

Eight Complete UOD Men Rewarded

Superior Accomplishment Taylor's supervision. Awards were recently presented | In addition to serving as head Recent recipients of certifi- to two members of the Under- of his section, Karl Scharping, cates for a basic first aid course water Ordnance Department — Supervisory Electronic Technic above-average performance on field tests.

Jim Taylor, Mechanical Engi- been made to projects such as

installed in the LCU-1446 under directed by Scharping.

at NOTS, Pasadena, are Art James W. Taylor, Associate ian, has done a superior job sup-Southstone, Frank Brady, Bob Head, Electronics Branch, and porting UOD development pro-Templeton, Joy Taylor, Darlyne Karl W. Scharping, Head, Lab-grams with analytical work, con-Bender, Vera Hickey, Jo Ann oratory Section, for sustained-sulting services and laboratory

neer, is a project manager for the Torpedo MK 46, and ASROC. applied research projects me- Special services on these prochanical engineering consultant grams have been provided in confor the Branch and Division, and ducting shipboard vibration assistant to the Head, Electron-surveys, measuring catapult and arrested landing forces, specifi-In addition to these duties, he cations survey, pressure tank was assigned the task of cor- stress analysis, launched panel recting the erractic firing char- photostress analysis, launcher acteristics of the TA-4000 launch- instrumentation at China Lake, er. He determined the basic and shock instrumentation analproblem and devised an alter- vsis on the ASROC timer. Pernate system. A complete mechan- haps the most significant fact ical and electrical modification is that many of these special kit for replacing the erractic sys- services were performed on a tem was designed, fabricated and crash basis through team effort

Supply Division Head Elected to NDTA Post

Vernon W. Hayes, Head, Supoly Division, NOTS, Pasadena, was recently installed as a direcor in the Los Angeles Chapter of the National Defense Trans-

Government, and private indus-Lt. Warren, native of Kansas, try who have chosen transpor-

Guard in San Francisco on Treas- service to the country by making of transportation, local and na-Other foreign duty was with tional, which may have an impact Secretary of Commerce for the Chinese Training Command on National Defense, when of Transportation.



Vernon W. Hayes

at Tsingtao, China, during 1946- ficially requested by the Secre- Hayes has been a member of tary of Defense or his official the organization for eight years, For eight years, Lt. Warren representative in the field of serving on various committees, was attached to Submarine transportation; or by the Secre- and presently a member of the Squadron 4 and Mine Evaluation tary of Commerce or the Under Military Membership Committee.

-Safety Slogan of the Week-

"EXIST SAFELY - - - SAFELY EXIST" Submitted by Larry Lincicum Code 4032

Trudging Along On the 50-Mile Trail



TRAMPING THROUGH THE BRUSH, still in good shape, are Lt. Stephen L. Tope, USN

eases off 24-pound pack straps

Statistically, Maj. Montague

walked around a bit to loosen

They Go Partying

ty at the home of another Marine

Later in the evening the Lone

to rest shoulders.

(left) and LCdr. Waldo Born, USN, on their attempted 50-mile hike last Saturday.

—Photos by Jack Pierce, PH1 PACING HIMSELF-Major Paul B. "Tex" Montague, USMC, slows down a bit after setting very fast pace for first 20 miles.

(Contnued from Page 1) geon, also went on the hike.

Friday, February 15, 1963

Montague ran over the finish line at 1703. Capt. Powell came in at 1915. Cdr. Born and Lt. Tope ended their trek after about

Incidentally, both the major and the captain are natives of Texas. Montague is from Bandera and Powell is from Perry-

Both are keep-fit inthusiasts. Capt. Powell does calesthentics

"I got sort of tired at 25 miles and rested for a while. Then, at about 37 or 38 miles I stopped again and sat down off the highway, leaning my back against a

"It had been raining for quite a while and I was soaked. After about 20 minutes of rest I felt refreshed and decided to get going again. But, you know what? I couldn't get up! My legs were cramped. I grabbed onto that road sign post and pulled myself up. Once I was standing, I forced my legs to move again and soon was on my way."

Steak, Candy, Cigars Asked what he had brough along to eat, Capt. Powell replied. "Two fillets, cooked by my wife, and about a dozen candy bars."

"How many did you eat?" he

Capt. Powell, an inveterate cigar man, said he smoked two. stogies "and chewed up seven together throughout their 35or eight more" along the way. mile journey.

How did the rain affect the "We were in good shape until men? At first it was refreshing we got to the Homestead area, ("Took our minds off the other and then the rain and the wind miseries"). The other miseries ripped through us. The chilling were multiple blisters on the feet | cramps took their toll." and thigh eramps. "The wet boots seemed to averaged about 41/2 miles per

weigh about five pounds each, hour, and Capt. Powell about 4 and this made the muscles work miles per hour. more and more, and ache more After the "stroll," Montague and more," chorused Montague went home, took a hot bath and

Montague, who normally up his legs. Then he and his wife weighs 175 pounds, lost 10 and their four children enjoyed pounds on the trip. Powell lost another steak dinner. 12 pounds. He generally tips the The welcome home from Mrs. All four of the hikers told of about the same for the captain.

being offered rides by several motorists who slowed down to aid them, especially in the down- Star Staters went to a little par-

"I guess some of them thought friend. we were a bit looney," they re- A guest asked them, "How in called. "At least they looked at the world can you have enough us as though they did. When we energy to go partying after a explained what we were doing, hike like that?" they shook their heads and drove Why, shucks, man, to a Texan, #way:" 50 miles is just down the road

Cdr. Born and Lt. Tope kept apiece," was the answer.



Designated the Q2C, the glistening red, jet-powered drone flies higher and faster than any traget craft in existence. John C. Partch, a member of

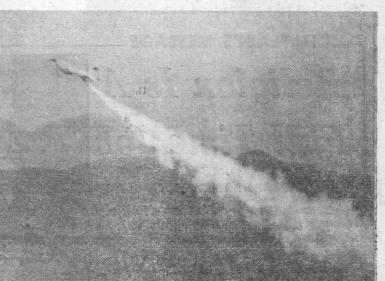
the Ryan Aeronautical Co., said the Q2C was placed in operational use by the Navy last September at Pt. Mugu as a ground launched target.

In its first flight here last week, the new-breed "Firebee" was launched from one of two platforms that have been installed since ground was broken here last Fall.

A Jet-Assisted-Take-Off was as it zoomed to 52,000 feet at feet, "practically like new." monitor-control units and in-the Moloy. CAPT. RAY POWELL, USMC, tom," lasted 49 minutes.

> W. Gire, Launch Officer, said the "Firebee." new-version "Firebee" was para- Basic mission of the drone, ac- for 25 flights.

flight, tracked on the ground by was Lieutenant A. E. "Scotty" pon systems evaluation.



"FIREBEE" Q2C zips from launch pad for maiden voyage from Naval Air Facility here. It can fly higher, faster and longer than any other drone, according to company officials.

used in launching the tiny craft chuted to the ground from 15,000 cording to NAF officials, is to provide realistic aerial targets speeds up to .97 machs. The Controller during the flight for air defense training and wea-

The new "Firebee" has an alair by a NAF-based F4H "Phan- Already in use at China Lake titude capability of in excess of as target aircraft were the F9F 60,000 feet and speeds of near-Lieutenant Commander Larry "Panther" fighters and the KDA sonic range. Ryan officials esti-

mate each target drone is good



RELAYING INFORMATION to control unit during final countdown for the Ryan "Fire-

-Photos by Sam Wyatt bee" drone is Navyman R. H. Engretson, AEAN. Each "bird" can be flown 25 times.

EDITORIAL

Keeping in the Pink Is Part of Our Job

A weapon, a machine, a vehicle—each is only as good as its care and maintenance. Neglect it at your peril — it may of other means to fill these vamalfunction when you most depend on it.

Man Is the Ultimate Weapon-it's true even in this age of missilery and space marvels. The infantryman outranks his rifle, the pilot his plane, the astronaut his capsule.

It stands, then, that part of our job as members of the Armed The mission of this Branch is to Forces is keeping ourselves in good physical condition. We wouldn't be in uniform today if we hadn't been physically qualified when we entered the service. The doctors found us sound in mind and body then. How do we measure up now? Is President Kennedy's call for physical fitness aimed at usor, rather, aren't we expected to exemplify its standards for the rest of our fellow Americans? You can bet we are!

True, it's not easy in all cases. Many of us are veterans of WWII, which means that we've reached middle age or stand on 385000, Code 8515 — Position the threshold of it. But just because we can't keep up with the kids in every department doesn't mean we can allow our- Branch. Incumbent performs selves to go to pot through overindulgence in food or drink and necessary duties in maintaining lack of exercise. If we do that we're not only letting the service data and records, issuing Identidown; we're hurting ourselves.

All perfectly obvious and undeniable, you say. But look around you and ask yourself how many of the people you serve with could do with some determined dieting or physical conditioning through sports and games. If you're in a combat unit you probably see few physically unfit men indeed. But a lot of us today have desk jobs more remote from programs of organized athletics. And for some of us it's wintertime-hiber-

So, after looking around us, let's forget about the other fellow and take a good hard look at ourselves.

CHAPLAIN'S MESSAGE

Religion Is A Full Time Job

By CHAPLAIN ROBERT C. FENNING

There is the story about the minister who, while making a call, was sitting in the living room with his parishioners when a small son of the family came bounding into the room carrying a dead rat.

"Don't worry, Mom, it's dead! We bashed him and beat him -;" and, noticing the pastor for the first time, he added in a lowered, dignified voice, "until God called him home."

Like the boy, so many of us have a special, sanctified vocabulary to be trotted out for use on high and holy occasions. It's like our Sunday clothes, our modulated manners and a host of other pet little customs we carry on in the name of propriety.

It is not a bad thing to stand off at a distance and laugh at ourselves at times. But beyond the ludicrous, there is a lesson \$2.46 to \$2.66 p/h, Code 70443 to be learned: Religion is a full-time job.

Jesus often chided His followers for their ritualistic hypocrisies. Faith, He insisted, if it was worth having at all, was worth taking into the marketplace as well as the temple. He admonished people to assess the religious leaders by a very simple standard: "By their fruits shall He know them," He said as He compared them to trees.

Daniel Webster often spoke of his religious convictions. He once said that the most compelling argument he had for the reality of faith was life lived by an old aunt of his in the New

Oral Sabin Polio Vaccine,

Type II, Ready for Military

II, will be given to military per-

sonnel and their dependents at

the Station Hospital on Tuesday,

Feb. 19, from 1300 to 1600. Dr.

Speaker, Senior Medical Officer,

NOTS, recommends that all de-

pendents, except infants under

six weeks of age, be immunized

with Oral Sabin vaccine notwith-

health programs, SHOULD NOT

take the vaccine at this time.

standing the fact that they may

And Dependents on Feb. 19 Oral Sabin Polio vaccine, Type



Morning Service-11 a.m. Sunday School-9:30 a.m. Nursery facilities available Protestant: (All Faith Chapel) Morning Worship—9:45 and 11 a.m. Sunday School—9:30 a.m., Groves and

Richmond elementary schools. Roman Catholics (All Faith Chapel) Holy Mass-7, 8:30 a.m. and 4:45 p.m.

6 a.m. Monday through Friday, 8:30 a.m

Saturday.

Confessions—8 to 8:25 a.m., 7 to 8:30 p.m. 4 to 5:30 p.m.

NOTS Hebrew Services: (East Wing All Faith Chapel)
Every first and third Friday, 8:15 p.m. Sabbath School every Saturday morning.

Unitarians: (Parish Hall) Fellowship Meeting-Sundays, 7:30 p.m. Sunday School-9:30 a.m.

PROMOTIONAL **OPPORTUNITIES**

Present Station Employees are encouraged to apply for the positions listed below: Applications should be accompanied by an up-to-date Form 58. The fact that positions are advertised here does not preclude the use

Supv. Electronic Engineer (Instr.) GS-13, PD 31658, Code — This position is that of Head, Instrumentation Branch. conduct research and development in the area of instrumentaion for recording and gatherng data on experiments and static firing of propulsion sys-

File Application for above position with Mary Watts, Room 28, Bldg. 34, Phone 72723.

Clerk Typist, GS-322-4, PD located in Officer Records fication media to Naval Personnel and their dependents and performs secretarial functions.

File application for above position with Jinny Millett, Room 34, Bldg. 34, Phone 72032.

Technical Publications Writer (PS&E) GS-7 or GS-9, Code 7511 Independently writes technisystems and related equipment plus step-by-step procedures for handling, test and operation. Prepares art plan for manual and oversees illustrations pro-

Editor (Printed Media), GS-7 or GS-9, Code 7511 - Edits technical manuscripts for publication ports encompass Station's achievements in ordnance research, development and testing, and range in type from progress and final reports on specific assignments to theoretical mathematical analyses.

Coil Winder (Radio), \$2.94 to \$3.18 p/h, Code 5545 — Winds and assembles power, filament, pulse, audio and radio frequency transformers. Also winds saturable reactors, magnetic amplifiers, audio and radio frequency chokes, solenoid coils and precision resistors.

Laborer (Heavy), 2 vacancies, Performs any one or a combination of a large variety of unskilled or low-skilled tasks, requiring predominantly physical exertion of a heavy or arduous

File applications for above positions with Pat Dettling, Room 31, Bldg. 34, Phone 71393. Deadline date for application is Feb. 21.

******* The Rocketeer

Official Weekly Publication of the
U. S. Naval Ordnance Test Station

Captain Charles Blenman, Jr., USN "J." "T." Bibby

Public Information Officer Jack G. Broward Richard Grueneberg

Budd Gott Associate Editor

Chuck Mangold Special Services Athletic Director

have previously received Salk The Rocketeer receives Armed Forces Press Service material. All are official U. S. Navy Polio vaccine. Dependents who photos unless otherwise identified. Printed received Oral Sabin vaccine, weekly with appropriated funds in compliance with NavExos P-35, Revised July 1950. Office Type I,, during State or County | - 50 King St., Bldg. 00929. Phones - 71354, 71655, 72082.

'DESERT PHILOSOPHER'

Pop's Tips On Taking Pictures

By "POP" LOFINCK

You're rolling down the road in your car, viewing the landscape of trees, rock formations, maybe a hill in the background, when all of a sudden a classic picture hits you right in the eye. You've gone a ways further, before you can stop, so you back up to get that perfect picture.

But you can't find it.

Don't be discouraged because you can't. It isn't there. Because as you were rolling along, your eyes were registering on your mind a composite series of pictures from different angles - superimposed into one picture.

So there is no one spot where you can stand still and get a picture that will compare with the composite picture registered on your mind. In your mind it is as though a series of frames were superimposed into one frame.

So you must use your instinct as an artist to find the best compromise spot to get a good picture.

That's the advantage of a movie camera. If you take a motion picture from your car as you roll along — when that picture is projected onto a screen you get that composite effect.

Of course a distant picture doesn't present too much of a problem for a still camera — but for a closer picture it requires some study to determine the best spot to stand.

Another thing about photography - Some years ago the Leitz Co. that makes the Leica camera, worked out a mathematical formula to determine the proper distance for viewing a print - to get a three dimensional effect.

The formula was based on the distance from the camera to the object being photographed — the aperture of the lens opening - and the size the finished print was blown up to.

They suggested that every picture hung in a gallery should have a notation as to the distance the viewer should stand. I forget the formula — and I can't find it in my file.

But you don't need a slide rule. Just hang the picture on the wall - step forward and backward until you get the three dimensional effect and mark it on the print to save future viewers all that footwork.

Photography is a great hobby. Although the only thing permanent in the universe is perpetual change - man has always wanted to capture the passing moment with drawings paintings — sculptures — and now photography . . . to halt what is transitory and to make it endure long beyond the passing day - to stop time and secure what is vanishing. Man's hope in official report categories. Re- is to leave a record of that fleeting moment.

That's the reason for the petroglyphs and pertographs, etc., and all oil paintings and sculpture.

Painting has the theoretical advantage of moving clouds and trees and rocks around to suit the picture. But a photograph is a true reflection of nature as is. I love Nature — as is.

Along with photography, a good hobby is rivers. You can't bring a river in the house and clutter up your house with rivers. So you take pictures of rivers and bring the pictures home. Same applies to big trees and boulders. You can't bring

Rivers have personality-even dry desert rivers. It's a good idea to get a picture of a desert river in a flash flood.

Starting out on a picture-taking trip you may feel economy minded — but a year or 10 years later you wish you had taken three times as many. So don't skimp on film.

An expert photographer is one who takes a thousand pictures but only shows the best ones.

PIN - UP SET

STATION HOSPITAL

MEIHACK, Valerie Jean, 7 lbs., 14 oz., born to Mr. and Mrs. Erick E. Meihack, ADJ2, of 237 Segundo, Ridgecrest on Feb. 7. BEALS, Patricia Marie, 8 lbs., 15½ oz., born to Mr. and Mrs. Harry V. Beals, AT2, of 1203-A Lauritsen on Feb. 5.

KING, Kimberly, 6 lbs., 2 oz., born to Mr. and Mrs. Hiram King, RM2, of 227 Segundo, Ridgecrest on Feb. 7.

LEACH, Thomas Eugene, Jr., 8 lbs., 9 oz., born to Lt. (jg) and Mrs. Thomas E. Leach, Sr., of 401-A Hayward on Feb. 5.

PUGH, Reggy Rose, 7 lbs., 1/2 oz., born to Mr. and Mrs. Frederick V. Pugh, USN, (Ret.) of 228 Warner, Ridgecrest on

CASEY, Brett Allen, 7 lbs., 4 oz., born to Mr. and Mrs. Dick A. Casey, AG3, of 65-A Franklin on Feb. 12.

RIDGECREST HOSPITAL

KIRK, Michael Anthony, 6 lbs., 9 oz., born to Mr. and Mrs. Kenneth A. Kirk of 900-B Bowman Rd., Ridgecrest on Feb. 7.

SHOEMAKER, Linda Kaye, 7 lbs., 19 oz., born to Mr. and Mrs. Arthur H. Shoemaker of 210 Forrestal, China Lake on

METTENBURG, John Joseph, 7 lbs., 5 oz., born to Mr. and Mrs. Clarence W. Mettenburg of 39-A Hubbard Circle, China Lake on Feb. 8.

SIMPSON, Susan Elizabeth, 7 lbs., 41/2 oz., born to Mr. and Mrs. James R. Simpson of 213-B Mitchner, China Lake, on

LINDSEY, Trudy Diann, 8 lbs., 4 oz., born to Mr. and Mrs. Benjamin E. Lindsey of Trona on Feb. 10.

Health Course Not Hectic, It's Functional Isometric



CHIEF WARRANT OFFICER R. F. CHRISTOPHER Doing the Last in Series of Eight Exercises Which Took 2 Inches Off Waistline (He Gained 8 Pounds)

tion Training . . . that's the bulge. official and newest method of The program, explains Chrisparing off pounds.

Friday, February 15, 1963

frighten you off.

the 8 isometric exercises involv- form of muscle toning therapy ed in this do-it-yourself health should spend 12 seconds, exertcourse "has changed me into a ing his entire force in each po-

Christopher, attached to the Sta- ed by Christopher. Holes must tion Hospital, said this week that be bored in the upright posts ache gained 8 pounds while losing cording to the height of the pertwo inches of waistline!

erected upright and a length of the arm lockout position, with pipe extended between the posts. arms fully extended overhead. the one that gets you). Set the bar in each of the posts, into which about shoulder width apart, look rest or touch a little above your

you," offers Christopher, a fa- 12 seconds. ther of three and former enlist- Exercise 2. Press start. Set the 6 to 12 seconds.

Functional Isometric Contrac-| concerned about a middle-age

topher, is divided into eight po-Don't let the mouthful of words sitions at the bar, either pulling up or pushing up against the A China Lake Navy man claims pipe. An enrollee in this newest

Chief Warrant Officer R. F. Here are the positions describ-

The exercise program involves | Exercise 1. Press lockout. Set lengths of four-by-six lumber the bar about three inches below Holes bored at varying levels Grasping the bar with hands at a height where it will just the pipe is inserted, complete the straight ahead, tighten leg, hip neck and shoulders, while you hardware end of the package. and back muscles and push on are standing in front of it. Keep "From there on, it's up to bar as hard as possible for 6 to knees and hips locked tight. Rise Institute of Aeronautics and As- James Crump, treasurer.

ed man who would normally be bar about chin height, using



EXERCISE NO. 1 Press Lockout

EXERCISE NO. 2 Press Start

Employees Earn Advanced Degrees.. (Continued from Page 3) | work toward a Ph.D. in mathe-

search Department, will attend UCLA to obtain a Ph.D. in engineering. He has been a Station employee for six years work toward a Ph.D. in matter matics at UCLA. A Station employee for ten years, he is employee for ten years, he is employee for years and feel like a matician with the Underwater new man in two to three months. employee for six years.

Paul L. Warnshuis Jr. will Pasadena.

Ordnance Department at NOTS, If not, check in at Sick Bay for



EXERCISE NO. 6 Shoulder Shrug

same grip as in exercise 1. Again tighten legs, hips and back muscles, pushing on bar for 6 to 12 seconds.



EXERCISE NO. 7 Dead Weight Lift

Exercise 3. Rise on toes (this's

or seven inches below waist. Use stitute of Aero-Sciences held its McCullough, Jr., Frank Knemeysame grip as in 1, rising slightly first meeting Tuesday evening in er, and Howard R. Kelley. on toes and pull up for 6 to 12 Michelson Lab.

Exercise 5. Parallel squat. Set ed by the group and a slate of Chairman while Donald G. Nybar at height where it will rest officers was elected to serve berg will serve as Membership n back of neck and shoulders until July 1. when you are in a squat position, Place hands on bar and rise, are: Ed Price, president; Lewis members. pushing with legs as hard as pos- Stevens, vice-president; Allen sible for 6 to 12 seconds.

Exercise 6. Shoulder shrug. Set bar at height where it will be in your hands when arms are extended downward. Grip bar about shoulder width apart. Shrug shoulders upward with full strength, keeping arms and legs fully extended, 6 to 12 sec-

Exercise 7. Dead weight lift. Set the bar at height where it will be about two inches below the knee. Bend down, grasping bar and pull up for 6 to 12 seconds.

Exercise 8. Quarter squat. Set bar about four inches below your erect height, with bar across back of neck and shoulders. Grip bar and push up with thighs for 6 to 12 seconds.

This completes the course.

further advice from Christopher.

Community News

ACCORDION CONCERT WEDNESDAY

Don Comfort, concert and popular music accordionist, will be the next artist featured by The Music Parents Club in their series of children's concerts. He will be at the Station Theatre Feb. 20. Showtime is 3:30 p.m. Mr. Comfort will use three accordions in presenting his program which ranges from classical to popular, novelty, and a musical visit through Disneyland. Part of his program will feature a very rare electronic accordion worth approximately \$2,000.

WILDFLOWER SHOW THEME CONTEST

Entries are now being accepted for the theme of the 19th Annual Wildflower Show. Mrs. Leonard Licwinko is the general chairman of the exhibit sponsored by WACOM.

The prize for the winning entry will be a subscription to either Sunset Magazine or Desert Magazine. Mail all entries to 613 Ticonderoga, China Lake, by Feb. 23.

NAVY WIVES NEWS

On Feb. 13 a farewell coffee was given for Juanita Thomas, who is leaving with her hubby, Bill, and family for duty at another station. We shall be sorry to see Juanita leave the area and our club. Lots of luck to all the Thomases. The coffee was at the Navy Wives Hut at 83 Halsey St. on the Base. On Feb. 18 at 9 a.m. we are having a Bake Sale at NAF

The regular meeting of Navy Wives Club will also be the 18th of Feb. at 7:30 p.m. at the Navy Wives Hut. All are welcome to attend our coffees and meetings. Girls, join us and let's all be friends. After our meetings we all get together and play scrabble or bingo for fun. So please do come visit

DOCUMENTARY FILMS

A special showing of the CBS documentary film entitled "Thou Shalt Not Kill" will be screened for the NOTS Hebrew Congregation this evening at 8:15 p.m. in the east wing of All Faith Chapel. Everyone is invited.

COLOR SLIDE JUDGING AT PHOTO SOCIETY An evaluation of color slides will be conducted by a guest

judge at the Feb. 20th meeting of the China Lake Photo Society. The meeting to be in Room B, China Lake Community Center at 8:00 p.m. Several slides submitted by local photographers are to be judged. Top rated slides will later be entered in district club competition. New quarters for use by the Photo Society at 361 McIntire St., China Lake, are expected to be avail-

CPO WIVES INSTALLATION

One of the year's social highlights for CPO Wives came with the installation of officers Friday night in the form of a buffet dinner and dance.

Chaplain R. C. Fenning officiated at installation of officers with outgoing president Carmen Davis serving as mistress-of-

Captain Charles Blenman, Jr., one of the guests witnessing the ceremonies, spoke briefly to those present, praising the CPO Wives organization and wished the incoming officers success in their terms of office.

First Meet Held By AIAA Group

The newly formed American (Temp) Robinson, secretary; and

on toes and resume pushing for tronautics by the merger of the Named as Board of Directors local American Rocket Society were Haskell G. Wilson, Ray Van Exercise 4. Pull. Set bar at six and the local chapter of the In- Aken, Robert McAlexander, Foy

Temporary by-laws were adopt-named Program and Publicity

Officers who will guide the Merger of the two groups gives with thighs parallel to floor. group for the intervening months the AIAA approximately 77



CAP OFFICERS INTERVIEWED - Read W. Wynn, CAP Public Information Director, interviews Lt. Col. Frederick L. Richards, Commander of the China Lake CAP Composite Squadron 84, and 1st Lt. Robert B. Thomas, Executive Officer, during his visit here last weekend to gather material for a feature story on the Squadron for the Civil Air Patrol Times.